

Vol. 20, No. 4

From the Beaches to the River District downtown Fort Myers JAN

JANUARY 22, 2021

Theater Bringing Sexy Back With Florida Premiere

The Laboratory Theater of Florida will bring live theater back to its stage with *Five Times In One Night* by Chiara Atik. Performance dates are: January 28, 29 and 30 at 8 p.m.; January 31 at 2 p.m.; February 4, 5 and 6 at 8 p.m.; and February 6 and 7 at 2 p.m.

Explore the thrills and disappointments of sex through the ages, from the first to the very last couple on earth. *Five Times in One Night* is a surprising, heartfelt and delightfully quirky look at personal connection, relationships and the different meanings associated with sex.

"There's something for everyone to connect with and laugh along to in this laugh-packed sex comedy, whether your relationship status is best described as 'best we can do during the end of the world,' 'pining through messages while avoiding a plague,' or 'brainstorming ways to make an old relationship feel fresh,'" said Director Maddy Hayes. "Five Times In One Night is a suggestive title



Chris Heartwell and Tamicka Armstrong star in Five Times In One Night

that makes the show seem all about sex, and it is about sex but not just about sex. It's about emotion, vulnerability, communication and negotiation. The show mirrors the act itself by being nuanced without being vulgar. Tamicka Five Times In One Night photo provided Armstrong and Chris Heartwell are two profoundly intuitive actors who give the show palpable energy that is both heartfelt and hilarious.

"Lab Theater's intimacy contract was useful in making clear each person's expectations and how to stay safe, which has given us smooth and productive rehearsals, and the theater's pandemic contract has been a blessing in giving peace of mind. Since we all know for sure that everyone's doing their best to stay safe, we can spend more time getting down to details that make the show so great," added Hayes.

Due to mature themes, sexual situations and partial nudity, this audience is limited to patrons age 16 and older. Tickets are \$28 each or \$10 for students with valid student ID. Seating is limited and sold by section for safety.

For the protection of the cast, who will not be masked during the performance, it is required that all patrons wear masks over their noses and mouths during their entire stay at the theater. Seats are spaced following current CDC regulations and may not be moved or adjusted. All theater surfaces are professionally coated with an antimicrobial sanitizer, and temperatures will be recorded upon check-in. Your playbill will be digital and delivered in the email confirmation with your ticket(s).

The Laboratory Theater of Florida is located at 1634 Woodford Avenue in Fort Myers. For ticketsl, call 218-0481 or visit www.laboratorytheaterflorida.com.**



Pam Flaherty won first place for her artwork, titled Lost

Beach Art Group Juried Show Winners

The Fort Myers Beach Arts Association (FMBAA) Winter Juried Show titled Beyond Boundaries has opened and will continue until February 11. This is the most competitive show, juried by Rangsook Yoon, director of Curatorial Affairs at Artis-Naples, The Baker Museum. Artwork in this exhibit is available for viewing and purchase. The show is sponsored by Fresh Catch Bistro.

Pam Flaherty captured first place for

photo provided

her artwork titled *Lost*, Kim Johnson Belange was awarded second place for *Gloucester* and Laura Black took third place with *I'm A Bigger Parrothead Than You*. The Lee Ackert Memorial Award was presented to Garry Scott Wheeler for *Happy Place*. The Sylvia Kasparie Memorial Award went to Sue Pink for her collage piece *Table Stakes*. Merit awards were presented to John Rizza for *Wall of Moms* and Louise Davis for *Rome-Old City*. Honorable Mention awards went to Chris Mitts for *Just Hanging Out* and Sue Dunlap for *Yuba River Gold*.

Kathleen Taylor is the January Artist of the Month at the Shucker's Galleria,

continued on page 14

Top Guitar Duo Performs Sunday



Julie Patchouli and Bruce Hecksel

Patchouli will perform on the outdoor GreenMarket stage at the Alliance for the Arts on Sunday, January 24 from 4 to 5 p.m.

With 22 albums recorded and appearances on TV, film and radio programs around the world, the guitar duo's sound is a soulful fusion of blazing Spanish and world guitar instrumentals, heartstring tugging lyrics, lush vocal harmonies and epic folk rock anthems.

Master guitarist Bruce Hecksel and singer-songwriter/guitarist Julie Patchouli photo provided

are regarded as the the No. 1 charting international guitar duo. The event is co-sponsored with the Americana Community Music Association.

Seating is limited. Attendees need to purchase a pass for a six-by-six-foot square space on the GreenMarket lawn. In order to maintain social distancing, all lawn spaces will be six feet apart. Guests are required to bring their own lawn chairs and blankets. A pass for a square space is \$12.50 for one person, \$25 for two

Historic Downtown Fort Myers, Then And Now:

Fort Myers Airport, A Would-Be Golf Course



by Gerri Reaves, PhD

The story of how Fort Myers finally got a modern airport involves inventive city planning, the Federal government and the serendipitous intervention of World War II (WWII). Local aviation history dates to the World War I (WWI) era, when planes landed at what scarcely could be called an airport, open land off McGregor Boulevard near today's Fort Myers Country Club. Flight activity and interest was boosted by the proximity of WWI flying fields: a landing strip at Crescent Beach (now Fort Myers Beach), and two U.S. military airstrips at Carlstom Field in Arcadia,

where Army Air Corps pilots were trained. Keen interest in flying continued to flourish after the war. It was

a trendy hobby for those who had the money and time. It was generally agreed that the growing city needed a good airport. But it's no surprise that there was an equal, if not greater, long-standing interest in establishing an excellent municipal golf course.

In 1924, the city bought 160 acres about four miles south of Fort Myers for \$18,000, intending to build an 18-hole municipal golf course and a 50-acre public park there.

In 1927, the city bought the Fort Myers Golf & Yacht Club, today's country club on McGregor Boulevard. Subsequently, the intended golf course south of town site was approved for a temporary airport, with plans for a golf course still pending.

The municipal airport straggled along – more a palmetto field than modern airport – and it wasn't until 1937 that the incentive to improve it developed.

National Airlines approached the city about establishing service, so a new runway was constructed. Service to and from Miami began in August 1937, and air mail became more reliable. Fort Myers Airport, as it was called, is pictured here in 1938.

Today, we know it as Page Field, the business and general aviation airport at U.S. 41 and Fowler Street. The field and facilities were inadequate. The runway was riddled with palmetto roots, ruts and other hazards that damaged aircrafts' balloon tires.

In fact, in July 1938, the airport failed Federal inspection and National Airlines discontinued passenger and air mail service. The field was too wet, and a concrete – not shell-covered asphalt – surface was imperative, but during those Depression times, the



In 1938, the Fort Myers Airport was rudimentary. Passengers waited in cars for boarding, and people parked near the runway for air meets and air shows.

courtesy Southwest Florida Historical Society, Billy Nalle Collection

The new Page Field Terminal shortly after it was dedicated in August 2011 photo by Gerri Reaves

city was simply not able to find the funds.

However, the city managed to qualify for Federal funds. It deeded the airport to Lee County, and voters approved a bond issue to pay the share of local costs for improvements.

The Works Progress Administration (WPA) began work on New Year's Day, 1940, with the work subsequently being assumed by the Civil Aeronautics Authority (CAA) and then the U.S. Army. The \$250,000 project included two hangars, a paved 8,000-foot runway and an administration building that would house the CAA and the weather bureau.

It was completed by the following January 1 and on schedule. The new name was the Lee County Airport.

The plan to have it function as an auxiliary base for the U.S. Air Corps and a civilian air training base proved somewhat prescient, it turned out. Less than a year later, on December 7, 1941, the attack on Pearl Harbor catapulted the U.S. into WWII. The following February, the airport became an Army Air Force Base, nicknamed "Palmetto Field" for obvious reasons.

While the airport was in use by the military, the Municipal Airport, located south of continued on page 15



In 1938, the airport lacked a passenger terminal but did have a hangar and office courtesy Southwest Florida Historical Society, Billy Nalle Collection

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Greater Fort Myers



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Published every Friday for the people and visitors of Fort Myers River District. Distribution: 6,000-8,000 per week (seasonal).

Readers with news, tips, comments or questions, call 239-395-1213, write to: The River Weekly News, 1640 Periwinkle Way, Suite 2, Sanibel, FL 33957 or email: press@islandsunnews.com. To advertise, email: ads@islandsunnews.com.

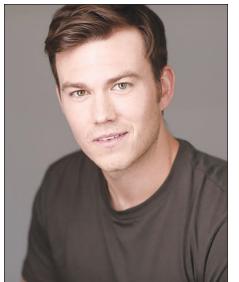
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John Riesen

photos provided Nadia Marshall

Gulfshore Opera Brings Concert To Sanibel

Gulfshore Opera is bringing World of Lloyd Webber for an Opera meets Broadway concert at The Community House on Sunday, January 31 at 4 p.m. Online streaming will be available for the concert on Thursday, February 4.

A dynamic trio of versatile artists will perform songs and ensembles from Andrew Lloyd Webber's Phantom of the Opera, Cats, Evita, Joseph and the Technicolor Dreamcoat, Aspects of Love and Jesus Christ Superstar. The featured artist is award-winning American tenor John Riesen, who has been impressing audiences all over the country with his heartfelt singing Riesen performed the role of Alfredo in Gulfshore Opera's season 5 production of La Traviata. Other recent roles include: Tony in West Side Story with the New York City Ballet at the Lincoln Center, Pinkerton in Madama Butterfly (Pensacola Opera), Rodolfo in La Bohème (Shreveport Opera) and Frederic in Pirates of Penzance (Opera Ithaca, Shreveport Opera).

Joining him will be sopranos Nadia Marshall and Lauren Davis, accompanied on piano by Brian Holman.

Marshall's shimmering soprano voice and vibrant stage presence make her a dazzling choice for lyric coloratura roles.

Davis' wide-ranging repertoire and tenacious performances have garnered her a number of scholarship and competition wins.

Tickets are \$45 for general admission or \$20 for online streaming. Touchless check-in will be utilized, including mobile or electronic tickets. Masks are required for all indoor locations. There will be limited and staggered seating to allow for social distancing. To reduce crowding, the concerts are one hour without intermission. The venue will be sanitized before each performance in addition to hand sanitizer at each entrance.

Gulfshore Opera presents the highest quality of opera theater and vocal music performances while maximizing



Lauren Davis

accessibility for diverse audiences of all ages. Fo tickets or more information, visit www.gulfshoreopera.org.

The Community House is located at 2173 Periwinkle Way on Sanibel.

Women's March Virtual Rally

Women's March Fort Myers will hold a virtual rally on Saturday, January 23 from 10 a.m. to noon. The theme is Our Path Forward: A Rally for Unity, Equality and Humanity.

While it was scheduled originally as an in-person rally, the virtual event will include music played by local artists and comments from local spokespersons including Annisa Karim (Women's March Fort Myers board member and Collier County Democratic Party chair), Connie Bennett Martin (Women's March Fort Myers board member), Chantel Rhodes (a founding member of the Peaceful Protest of Lee County movement) and Jacquelyn Miller (former Fort Myers mayoral candidate).

To register, visit www.eventbrite.com/e/ our-path-forward-a-virtual-rally-for-unityequality-humanity-tickets-133984602553.

For more information about Women's March Fort Myers, visit www. womensmarchfortmyers.org and www. facebook.com/womensmarchftmyers.*

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Fort Myers Art: Fine Art Show At JetBlue Park Next Weekend



by Tom Hall

The Estero Fine Art Show returns to JetBlue Park (winter home of the Boston Red Sox) on Saturday and Sunday, January 30 and 31. Since 2003, Hot

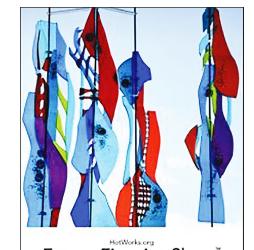
Since 2003, Hot Works has earned

a national reputation for producing high end fine art and fine craft shows, and the Estero Fine Art Show lands in the top 100 outdoor shows in America every year. All work is original and handmade by the 70 quality juried artists who participate in the show. While at the art show, be sure to visit the Youth Art Competition for grades kindergarten through eighth grade or ages 5 to 13 that is integrated within the art show.

While admission is free, JetBlue Park charges \$5 for parking, good for both days with receipt.

Art Festival At Mercato Is January 30 and 31

The Art Festival at Mercato takes place on Saturday and Sunday, January 30 and 31. This art festival will be held on the lawn in the middle of Mercato. There will



Estero Fine Art Show[®] January 2021 At JetBlue Park, Fort Myers

Sabra Richarda, Sculpture

image courtesy www.artswfl.com

be 40 artists skilled in sculpture, painting, glass, jewelry, mixed media and more. Mercato is a wonderful location for this event. The tree-lined plaza and walkways are the perfect setting for an event of this kind. Anchored by Whole Foods Market, Nordstrom Rack and Silverspot Cinema, a 12-screen premier-style theater. Mercato offers 12 notable restaurants, over 20 upscale retailers and luxury residential condominiums.

Studio Players Casting For Male Actor For On Golden Pond

The Studio Players is seeking a 35- to 45-year-old actor to play the part of Bill

Ray in its upcoming production of *On Golden Pond*. If you are interested in being considered for the part, contact Director Brett Marston at marston58@ gmail.com or the theater at info@ thestudioplayers.org.

There will be 14 performances, with the show opening March 12 and running through April 4. Rehearsal begins Wednesday, January 27 and will be three days per week from 7 to 9 p.m. in the Joan Jenks Auditorium of the Golden Gate Community Center.

Cultural Park Looking For Actor For Visit To A Small Planet

Cultural Park Theatre is seeking a young man between 25 and 35 years of age to play the part of Conrad, the pacifist farmer boyfriend of Ellen, daughter of Reba and Roger Spelding, in Gore Vidal's *Visit to a Small Planet*. This was the very first play that Cultural Park produced, so the theater thought it only fitting to celebrate its 58th season with a revival of its inaugural production.

The story follows the exploits of Kreton, an alien who lands on earth hoping to catch a glimpse of the American Civil War. But he quickly discovers that something went wrong with his calculations and he has landed outside the Spelding family home in Virginia in 1958. Despite learning that it is not 1861, Kreton decides to stay and observe human behavior. "You are my hobby," he tells the Speldings.

Christi Wengerter and Joy Ursillo are co-directing the show, which will open Thursday, March 25. Nightly Monday through Thursday rehearsals will begin soon. If you are interested in auditioning for the part of Conrad, contact the theater at 772-5862 and leave a message for Joy. Note that all other parts have been cast.

Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled Art Detective. A former tax attorney, he lives in Estero with his fiancé and their four cats.

Free Movie In The Park

ee County Parks & Recreation is hosting a free Movie in the Park at Estero Park on Saturday, January 23 at 6 p.m. The movie will begin at 6:30 p.m.

The PG-rated animated comedy adventure *Trolls World Tour* will be the main feature. In the film, Branch and Poppy must unite and protect the other musical troll kingdoms they discover when their unique musical styles are threatened by the sinister heavy metal couple King Thrash and Queen Barb.

Guests are encouraged to bring blankets or chairs. Guidelines from the Centers for Disease Control and Prevention will be observed at this event. Hand sanitizer stations will be available.

Estero Park is located at 9200 Corkscrew Palms Boulevard in Estero. For directions and information about Estero Park, contact Liz Szurminski at 533-1470.⁴





The check presentation with members of the Fort Myers Sunrise Rotary and Midwest Food Bank Executive Director Karl Steidinger photo provided

Rotary Clubs Partnership Helps Food Bank

Several Fort Myers Rotary groups joined together to raise money for the local Midwest Food Bank, Florida division (MFB). During the recent check presentation at the Fort Myers Sunrise Rotary location, District 6960 presented MFB Executive Director Karl Steidinger with the raised donation of \$12,989.

The funds will be used to purchase a

new refrigeration unit for a transportation truck. Midwest Food Bank–Florida sources food nationwide, that would otherwise go to waste. Additionally, Fort Myers Sunrise Rotary donated another \$10,800 to help cover the cost of the 1,100 holiday food boxes donated at a local food and toy distribution event.

As a dedicated rotary member and experienced nonprofit director, Steidinger says he "fully understands the importance of community collaboration in all local endeavors."

For more information about Midwest Food Bank-Florida, please visit www. midwestfoodbank.org.☆

New Center Opens With Musical

Gulf Coast Symphony's new Music & Arts Community Center has opened to live audiences with the musical *I Do! I Do!* Featuring husband and wife acting duo Adam Marino and Alexandra Shephard, this charming and nostalgic work follows a young couple through 50 years of marriage, love, anger and reconciliation. From composer Harvey Schmidt and lyricist Tom Jones, the original Broadway production received seven Tony Award nominations.

Marino (Michael) is a Rochester native who currently resides in New York City with Shephard (Agnes). He attended Nazareth College of Rochester where he studied in the Bachelor of Fine Arts Musical Theatre program. He has since traveled and performed in various theatrical productions, theme park shows, on cruise ships and in concerts. Marino is the current tenor for the 1950's rock 'n' roll group The Diamonds. His favorite credits include *Tarzan* (Terk), *Buddy: The Buddy Holly Story* (Ritchie Valens), and *Carrie: The Musical* (Billy Nolan).

Originally from Williamsburg, Virginia, Shephard lives in New York City and has performed at theme parks and on stages all over the East Coast. Favorite credits include Assassins (Squeaky Fromme), Les Misérables



A scene from I Do! I Do! photo provided (Eponine), Heidi (Heidi), 25th Annual Putnam County Spelling Bee (Logainne), Seussical (Mayzie LaBird), and Hairspray (Tammy).

Audiences have five more opportunities to see *I Do! I Do!* through January 30. Gulf Coast Symphony is following stringent health and safety protocols. Temperature checks, facial coverings, and socially distanced seating are required.

The Music & Arts Community Center is located on the campus of the Unitarian Universalist Church of Fort Myers at 13411 Shire Lane in Fort Myers. For more information or tickets, visit www.gulfcoastsymphony.org or call 277-1700.**



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OBITUARY



JOAN MELBA (NEFF) KNOWLAND

'oan Melba (Neff) Knowland, age 87, of Madison, Indiana passed away on December 30, 2020 at Hickory Creek at Madison. She was born on February 6, 1933 in Louisville, Kentucky. She was the loving daughter of Carl Anton Neff and Melba Hankammer Neff.

Joan grew up in the Portland neighborhood of Louisville where her father, Carl A. Neff, was a pharmacist and owned Neff Pharmacy along with his brother, Earl Neff. She graduated from Shawnee High School in Louisville in

1950. This was the last all-girls class to graduate from there. She was in the high school choir and played the string bass in the orchestra. She then attended Eastern Kentucky State College (now Eastern Kentucky University) where she earned her elementary education degree in 1954. She later received her master's degree in education from Indiana University. While attending Eastern Kentucky State College, she met her loving husband, Don Knowland.

They were married on July 16, 1955 at West Louisville Evangelical and United Church of Christ and spent 62 wonderful years together until Don's death on September 17, 2017. They had two daughters for whom Joan ensured were educated and gained as many experiences in life as possible. Don and Joan had a love of travel and spent their summers camping and visiting all the states in the continental United States with their children.

Joan was a teacher for 37 years. She started her teaching career in New Albany, Indiana. She then taught in Hopewell, Virginia while her husband was stationed in the Army as well as many schools in Indiana including the Dillsboro, Versailles and Madison school systems. She retired after teaching many years at EO Muncie and moved with her husband to Sanibel Island, Florida and later Fort Myers, Florida to enjoy retirement. They enjoyed boating, entertaining, playing cards and spending time with friends. They traveled to a total of 67 countries in their retirement. Joan was a member of Madison

Presbyterian Church in Madison, Indiana

and Sanibel Community Church in Sanibel, Florida, She had a beautiful voice and enjoyed singing in the choir. She also enjoyed playing the piano and continued to play piano at church until the last year of her life. She also was a member of Tri Kappa sorority, Madison Teachers Association, Indiana State Teachers Association and the National Education Association. She also belonged to the American Association of University Women (AAUW) and was a proud Democrat.

While a teacher in the Madison Consolidated Schools, she helped bring these initiatives to the school system: Science Fair, Media Fair, and the Camp Livingston Environmental Program. She taught fourth and sixth grades at EO Muncie while teaching for the Madison Consolidated School system. She was known for her jingles that helped students memorize essential skills and still had students come to her in public many years later to recite the jingles they learned in her classroom. She accompanied many Christmas programs on the piano under the direction of JoAnn Williams.

Joan will be missed by her children: Lee Ann Cart and her companion, Bill Owens, of Madison and Ellen Aldrich (Joe), of Wilmer, Texas; her loving grandchildren, Lesley Miller (Les) of Madison and Oran Cart (Jessica) of Winfield, Illinois; her adoring great-grandchildren: Claire, Kate, Cora, and John; her brother, Dr. Carl Neff (Elaine) of Seminole, Florida; and her sister-in-law and brother-in-law, Peggy and Bill Wall of Jeffersonville, Indiana. She was preceded in death by her husband,

a.m. and 6 p.m., 881 Nuna Avenue, 481-1143.

LAMB OF GOD

Sunday 7:45 and 10 a.m., www. lambofgod church.net, 19691 Cypress View Drive, 267-3525

NEW HOPE PRESBYTERIAN

Sunday 8, 9:30 and 11 a.m., www.newhope fortmyers.org, 10051 Plantation Road, 274-1230.

PEACE COMMUNITY

Sunday 10:30 a.m. www.peacecommunity church.com, 17671 Pine Ridge Road, 267-7400.

PEACE LUTHERAN

Sunday 8 and 10 a.m., www.peaceftmyers. com, peace@peaceftmyers.com. 15840 McGregor Boulevard, 437-2599. **REDEEMER LUTHERAN**

Sunday 8:15 and 10:15 a.m. 3950 Winkler Ext. 274-0143

RIVER OF LIFE ASSEMBLY OF GOD 8, 9:45 and 11:30 a.m., 21580 River Ranch Road, 495-0400.

SAMUDRABADRA BUDDHIST CENTER Meditation classes. www.MeditationInFort Myers.org, 567-9739.

SAINT COLUMBKILLE CATHOLIC Monday through Saturday 8 a.m.; Saturday 3 and 5 p.m.; Sunday 7, 9 and 11 a.m., 5:30 p.m., 12171 Iona Road, 489-3973. ST. FRANCIS XAVIER CATHOLIC

Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m., 2157 Cleveland Avenue, 334-2161.

SAINT JOHN THE APOSTLE METROPOLITAN

Sunday 10 a.m., 3049 McGregor Boulevard, 344-0012.

SAINT MICHAEL LUTHERAN

Saturday 5:30 p.m.; Sunday 8 and 10:45 a.m., 3595 Broadway, 939-1218.

Don Knowland; her father, Carl Anton Neff: her mother. Melba Neff: her sister. Carol Wininger; and her daughter who was stillborn in November 1956.

At Joan's request, there will be no visitation, and her family will celebrate her life privately. Her ashes will be placed with those of her husband, Donald Knowland, at the Indiana Veterans Memorial Cemetery in Madison, Indiana.

Memorial contributions may be made to Madison Presbyterian Church in Madison, Indiana or the Madison Consolidated Schools Educational Foundation. Contributions can be made at Lytle Welty Funeral Homes & Cremation Service.☆

Continental Women To Meet

The Continental Women's Club will hold their luncheon meeting at The Hideaway Country Club on Thursday, February 4 at 11:30 a.m. Guest speaker Melissa Vogt, director

of sales and marketing for Broadway Palm Dinner Theater, will inform what is happening at Southwest Florida's premier dinner theatre now in its 27th season.

Continental Women's Club meetings are held on the first Thursday of each month. Tables are socially distanced and masks are required. Cost to attend the luncheon is \$24.

The Hideaway Country Club is located at 5670 Trailwinds Drive in Fort Myers. Call Liz Paul at 691-7561 for more information. 🌣

SAINT NICHOLAS MONASTERY Sunday 9:30 a.m., www.saintnicholasmonast ery.org, 111 Evergreen Road, 997-2847. ST. VINCENT DE PAUL CATHOLIC Tuesday through Friday 9 a.m.; Saturday 4 p.m.; Sunday 9 and 11 a.m., 13031 Palm Beach Boulevard, 693-0818. SOUTHWEST BAPTIST

Sunday 11 a.m.; Wednesday 6 p.m., 16940 McGregor Boulevard, 454-3336 TEMPLE BETH EL SYNAGOGUE

Friday Shabbat 7:30 p.m.; Torah Saturday 9 a.m.; Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m., www.templebethel. com, 16225 Winkler Road, 433-0018. TEMPLE JUDEA (CONSERVATIVE)

Friday 6:30 p.m. and Saturday 9 a.m., www. tjswfl.org, 14486 A&W Bulb Road, 433-0201. THE FAITH CENTER

Sunday 9 and 10:30 a.m., Thursday 7:15 p.m., 17650 South Tamiami Trail, Suite 212, 278-3638

THOMAS A. EDISON CONGREGATIONAL Sunday 10:30 a.m., www.taecc.com, 1619 Llewellvn Drive, 334-4978. UNITARIAN UNIVERSALIST

Sunday 10:30 a.m., www.uucfm.org, 13411 Shire Lane, 561-2700.

UNITY OF FORT MYERS

Sunday 10 a.m., www.unityoffortmyers.org, 11120 Ranchette Road, 278-1511

WESTMINSTER PRESBYTERIAN CHURCH

Sunday 9:30 and 10:45 a.m., 9065 Ligon Court, 481-2125. WORD OF LIFE

Sunday 10 a.m., Wednesday 7 p.m., 2120 Collier Avenue, 274-8881. ZION LUTHERAN

Sunday 8, 9:30 and 10:45 a.m., www.zionfm. org, 7401 Winkler Road, 481-4040. Email changes to press@islandsunnews. com or call 395-1213.公

Churches/Temples

ALL FAITHS UNITARIAN CONGREGATION Service 9, and 11 a.m. Children's RE, Adult Education Forum 10 a.m., www.allfaiths-uc. org, 2756 McGregor Boulevard, 226-0900. ALL SAINTS BYZANTINE RITE CATHOLIC Sunday 10:30 a.m., 10291 Bayshore Road, 599-4023

ANNUNCIATION GREEK ORTHODOX Sunday 9 and 10 a.m., www.annunciation. fl.goarch.org, 8210 Cypress Lake Drive, 481-2099

BETH YESHUA MESSIANIC SYNAGOGUE Saturday 11 a.m. 15675 McGregor Boulevard, 437-3171. **BIBLESHARE**

10 a.m. Sunday and 7 p.m. Tuesday, www. simplysimpleworship.com, 7050 Winkler Road, Suite 121, 437-8835

CHABAD LUBAVITCH ORTHODOX Friday 6:30 p.m., www.chabadswf.org, 5620 Winkler Road, 433-7708. CHAPEL OF CYPRESS COVE

Sunday 10 a.m., www.revtedalthouse@aol. com 10200 Cypress Cove Circle, 850-3943.

CHAVURAT SHALOM

(Fellowship of Peace) Friday Shabbat services led by members at 6 p.m. Saturday morning Jewish current events at 10 a.m. Talks by members on topics of interest Thursdays at 11 a.m. Contact ChavuratShalom@gmail.com to participate on Zoom

CHURCH OF THE CROSS

Sunday 9:15 and 10:45 a.m. 13500 Freshman Lane, 768-2188.

COVENANT PRESBYTERIAN Sunday 10 a.m. 2439 McGregor Boulevard, 334-8937

CROWN OF LIFE LUTHERAN CHURCH AND CHRISTIAN ACADEMY

Sunday 8 and 10:45 a.m. Jan 1 - Easter; 9 a.m. after Easter - Dec 31. www. crownoflifelutheran.com. 5820 Daniels Pkwy,

482-2315 REDEEMER CHURCH

Sunday 9:45 and 11 a.m., 7 p.m.;

Wednesday 6:30 p.m. 8400 Cypress Lake Drive. 481-5442 **CYPRESS LAKE PRESBYTERIAN**

Sunday 8, 9, 10 and 11 a.m. www.clpc.us,

8260 Cypress Lake Drive, 481-323 **CYPRESS LAKE UNITED METHODIST** Sunday 8, 9:30 and 11 a.m. 8570 Cypress Lake Drive, 482-1250.

FAITH UNITED METHODIST

Sunday 8:45 and 10:30 a.m., 15690 McGregor Boulevard, 482-2030. FIRST CHURCH OF CHRIST, SCIENTIST Wednesday 12 noon Testimony Service, Sunday 10:30 a.m., www.christianscience fortmyers.net, www.christianscience.com. 2390 West First Street, 334-6801 FIRST CHURCH OF THE NAZARENE

Sunday 10:30 a.m. and 6 p.m., 13545 American Colony Boulevard, 936-2511. FORT MYERS CHRISTIAN CHURCH Sunday 10:30 a.m., 5916 Winkler Road,

437-4330. FORT MYERS CONGREGATIONAL

UNITED CHURCH OF CHRIST; Sunday 10 a.m., 8210 College Parkway, 482-3133

FIRST PRESBYTERIAN CHURCH OF FORT MYERS

11 a.m. Sunday, www.fpcfortmyers.org, 2438 Second Street, 239-334-2261

IONA-HOPE EPISCOPAL CONGREGATION

Saturday 5 p.m.; Sunday 8 a.m. and 9:30 a.m.; Tuesday 9:30 a.m.; Wednesday 9:30 a.m., 9650 Gladiolus Drive, 454-4778. JESUS THE WORKER CATHOLIC Friday and Saturday, 7 p.m.; Sunday 8, 10

Wildlife-Friendly Pond Apple

by Gerri Reaves

Pond apple (Annona glabra) is a longlived native semideciduous tree of the paw-paw and custard-apple family. It's usually under 20 feet tall but can grow up to 40 feet or more.

Mammals such as opossums, racoons, turtles and foxes eat the fruit, as well as American alligators, thus another name, alligator apple.

It is the host plant for the giant sphinx moth and attracts beetle pollinators.

Despite the name, it is not related to the commercial apple found in grocery stores. Its natural habitat is wet or swampy areas with mucky soil, such as mangrove thickets and the edges of ponds and canals.

However, it will grow in some shade and drier condition. But, for fuller foliage and higher fruit production, it needs full sun and wet soil with organic matter. It is unusual in being a freshwater tree that can tolerate brackish water and occasional salt inundation.

The short gray trunk has a swollen, or buttressed, base similar to a cypress tree's, and the crown is rounded and spreading. The fissured bark makes a good platform for epiphytes, including orchids, ferns and



In the wild, native pond apple grows in wet mucky conditions photos by Gerri Reaves bromeliads.

The cork-like wood inspires another common name, corkwood.

The dark green alternate leaves are glossy, aromatic and three to seven inches long. Leathery in texture, they are ovate or elliptic with pointed tips and a prominent midrib.

The white or greenish yellow cupshaped flowers are about an inch wide. Three outer petals with red-spotted bases enclose three smaller inner ones.

They bloom in spring and open at night.

The large round or heart-shaped fruit

Facilities To Be Built At Linear Park Trailhead

The Lee Board of County Commissioners recently awarded a construction services contract for trailhead facilities at the southern end of John Yarbrough Linear Park. The facilities would be built on 1.4 acres of a roughly seven-acre parcel near Ben C. Pratt/Six Mile Cypress Parkway, purchased by the Board of County Commissioners in 2018. The planned facilities will include: paved parking, including ADA-compliant parking; restrooms; and picnic pavilions. The \$1 million contract is with Lee

County-based Fowler Construction and Development. County officials accepted a \$180,000 grant from the Florida Department of Environmental Protection to develop trailhead facilities at the park.

Construction of the facilities is expected to take about six months to complete, weather permitting.

The park opened to the public in 2005 and stretches for 4.8 miles between Colonial Boulevard and Ben C. Pratt/Six Mile Cypress Parkway along the 10 Mile Canal. It is a popular spot for walking,





The edible fruit is consumed by small mammals, as well as people, although it is unpalatable and bland. The seeds are toxic.

is three to five inches long. It matures in late summer to autumn, hanging on short stalks and ripening to pale yellow.

The pale or pinkish creamy flesh is also edible for people, but is bland and unpalatable, although it can be made into jelly.

jelly. Take care, for the many large flat seeds – as many as 100 per fruit – are toxic. The plant has been used by the

I he plant has been used by the Seminoles for food and for making lye.

If you include it in your landscape, take into account the falling fruit, which can be messy. Self-sown trees will likely sprout too.

hiking, jogging, rollerblading, bicycling, fishing, birding and picnicking. It is dog friendly for dogs on leash. It has high wind resistance and is on the Lee County Protected Tree List.

Sources: A Gardener's Guide to Native Florida Plants by Rufino Osorio, National Audubon Society Field Guide to Florida by Peter Alden et al., Native Florida Plants by Robert G. Haehle and Joan Brookwell, The Shrubs and Woody Vines of Florida by Gil Nelson, Wild Plants for Survival in South Florida by Julia F. Morton, https://edis.ifas.ufl.edu, www.fnps.org, www.regionalconservation. org and http://www.wildsouthflorida.com.

Plant Smart explores the diverse flora of South Florida.

For more information on all Lee County Parks & Recreation facilities, go to www.leeparks.org.*



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Where Are The Sheepshead?



by Capt. Matt Mitchell

During our colder winter months, sheepshead are what many of my clients usually want to catch. Going home with a bag of tasty fillets has been relatively easy during our colder months. This has not been the case this year with very few being caught in all the usual places.

Everything I thought I knew about cold water fishing has been thrown out so far this winter. Water less than 60 degrees usually requires chunks of

shrimp fished slowly to catch fish. This year, shiners are still plentiful and snook are feeding like I have never seen in such cold conditions. Redfish of all sizes are also been caught in these same places. On most charters, we have also caught a few trout to complete the slam.

Although I don't know for sure what the difference is between this winter and winters past, a few things come to mind. First off, it's been cold now for almost a month straight. Once the water temperature plummeted, it has basically stayed in the low 60s. What seems to shut our snook fishing down is quick drops in temperature. It seems to me that these fish have become acclimated to this cooler water and just have to eat.

Generally during these cold water periods, our fishing switches over to shrimp, and the shiners disappear moving offshore. This year, shiners have stuck around and are being caught in the deeper water around the causeway bridges. Having a livewell packed full and being able to chum with live shiners has the snook, redfish and trout fired up.

Deeper sheltered channels along with canal mouths have been fish havens. For the past month, the fishing in these places can only be described as epic. During fast moving tide periods, the bite is as good as it gets with close to a fish every cast. Once set up in one of these places, its been hard to leave. I simply do not ever remember catching so many snook, redfish and trout during prolonged cold periods. Being able to share this amazing fishery with longtime winter clients who are used to catching sheepshead is not a bad thing.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.



Rick from Minnesota got in on the unbelievable snook action this week while fishing with Capt. Matt Mitchell photo provided



CROW Case Of The Week: Striped Skunk

by Bob Petcher



mephitis) is larger and more common in Southwest Florida than the spotted skunk. Striped skunks prefer grassy fields, while spotted skunks try to avoid

he striped skunk (Mephitis

open areas. At CROW, a female orphaned striped skunk was admitted in early December. Upon initial examination, the patient was quiet

in nature but otherwise an apparently healthy orphan. The patient was given supportive care and moved to an outdoor enclosure for rehabilitation.

"Based on the developmental characteristics, this skunk was likely a late juvenile when it came to the clinic. It had developed teeth and fur, which indicate it was not a baby, but it also was not adult size," said CROW Wildlife Rehabilitation Manager Breanna Frankel. "We did not fully determine whether the skunk was orphaned or if other outside factors caused the emaciated condition of the skunk. The history was not fully known. The skunk may have been found alone and assumed to be an orphan, and a good Samaritan was concerned for its wellbeing.

Five days after intake, the patient started to make improvements. Reportedly, she was steadily gaining weight, was described as bright, alert and responsive, and her coat was looking much healthier.

'It took a while to note any improvements because striped skunks are much more docile than spotted skunks," said Frankel. "This skunk's mental activity at first made it seem tame or neurologically inappropriate. It started eating right away but did not show fear of



Patient #20-5379 has no trouble eating during its rehabilitation photo by by Breanna Frankel

humans, so initially we were concerned that it could have been kept as a pet or have other trauma. Some of the behavior could have been caused by the skunk being emaciated and weak. Full radiographs were performed after about a week of being at the clinic. At that time, she had started to gain weight and appeared healthy overall - so it was good confirmation that she was headed in the right direction."

CROW staff continued to monitor the patient's behavior and offered a variety of environmental enrichment to encourage foraging.

"Environmental enrichment is very important to all

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our wildlife patients. It stimulates the patient by using their natural physical surroundings, such as plants, trees, scents, leaves, dirt, bugs, etc., in a rehabilitation setting. Since the skunk is rather laid back, we need to make sure it knows how to survive in the wild. To simulate foraging for food, we bury food bits in piles of debris, we offer insects in leaf or dirt piles, and we offer natural climbing surfaces such as tree trunks, bark piles, palm fronds and more," said Frankel. "The goal of wildlife rehabilitation is for the patient to be completely successful on their own without human interference. If we introduced common human items that the skunk became reliant on, it would not be considered a successful release just returning to the wild. To be truly successful, the animal must know entirely how to fend for themselves and use their surroundings to find food, shelter, water, and to recognize predators.

During its care, the patient has gained a good deal of weight but more positive tests are needed for it to be released.

'The skunk has been here for over a month and is gaining weight appropriately. Its last weight was 1,500 grams, which is only about 500 short of an appropriate release weight. She is due for another weight check next week," said Frankel. "When she was admitted, she felt quite thin and her coat looked very disheveled and unkept, which can be a sign of poor grooming, lack of nutrition, or sometimes disease.

There is more that goes into the release than just weight, so she will also be assessed on her climbing, foraging and predator recognition prior to being considered for release.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.☆

RANKY TANKY COMES TO BIG ARTS!



RANKY TANKY Saturday, January 30, 4:00 pm and 8:00 pm

Sponsored by Penny Wilkinson & Dick Boehning

Grammy-award winning Ranky Tanky is bringing Gullah music into the mainstream, Gullah music, food, language and culture were born of enslaved West Africans on The Sea Islands of South Carolina, Georgia and North Florida. The beautiful Gullah sound has reverberated through the generations; and South Carolina-based guintet Ranky Tanky's fun, soulful sound celebrates the rich Gullah culture. Their debut album was #1 on the Billboard charts, Amazon and iTunes.

\$55

To comply with physical distancing health recommendations, only 50%, approximately 200 seats, in Christensen Performance Hall are available for sale. First-come first-served on seating choice. Masks required throughout facility. Please put on masks prior to entering.



For more information visit www.BIGARTS.org



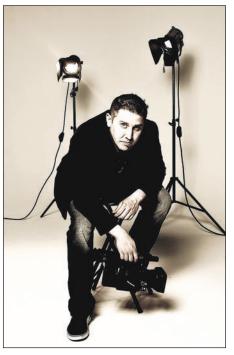
Mike Haley

photos provided

Experts To Offer Video Tips For Businesses

earn how your business can connect with new customers through video at the BOSS event at Holiday Inn Fort Myers Airport at Town Center on Tuesday, January 26 from 8 to 9:30 a.m. The event is hosted by SWFL Inc.

BOSS is an educational morning series that helps area professionals learn about trending business topics in an easy-to-digest, question-and-answer format. The program will feature two video experts: M&M Multimedia's Mike Haley and Dave Cintron. Haley and Cintron will answer audience questions and walk attendees through simple steps to create their own, unique videos, find the right tools for their



Dave Cintron

needs and determine which videos to prioritize.

Tickets are \$35 and include breakfast, the Q&A with the speakers and breakout networking sessions. Due to CDC guidelines, attendance at the event is limited, so early registration is recommended. No tickets will be sold at the door.

For tickets or more information, visit www.swflinc.com or call 992-2943.举

Lecture Series To Be Held Online And On Campus

he Elliott Katz Lecture Series, now in its eighth year, will be held on the Fort Myers Campus of Hodges University and live online.

Co-sponsored by Hodges University and Simon Wiesenthal Center, the lecture series schedule is:

January 26 and 28: Brains, Beauty and Scandal

February 2 and 4: Chamberlain Blinks and Hitler Makes a Promise

February 9 and 11: The IVYS Welcome the Nazis. The Jews Not So

Much February 16 and 18: Oh Canada Oh

Canada, Why Are Your Doors Shut So Tight?

February 23 and 25: "Jewish Blood," German Uniforms

March 2 and 4: Corporate Greed and Corporate Shame

March 9 and 11: Righteous Among The Nations

Tickets for the entire series are \$175 per person in-person or \$90 per person online. No tickets will be available at the door. All lectures begin at 10 a.m. Due to COVID-19, in-person seats are limited in order to ensure social distancing, but each lecture is offered twice a week. Attendees are required to wear masks.

For the last eight years, Elliott Katz a former Holocaust Museum docent

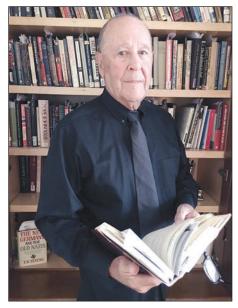
and staff, and have fun with the whole

The Family Fun Day & Open House will feature a bounce house, arts and crafts, a scavenger hunt, snow cones and the Las Gorditas food truck. The free event is open to anyone interested in learning more about pre-kindergarten through eighth grade and why families trust Fort Myers Christian School for their child's academic training and spiritual nourishment.

For the safety of all attendees, proper social distancing and facemasks will be required.

Fort Myers Christian School is located at 1550 Ćolonial Boulevard in Fort Myers. For more information about the event or to register, visit www.bitly.com/ fmcsfamilyfunday/2021.举





Elliott Katz

photo provided

and lecturer, has explored the issues of religious, racial, national and political hatred in the 20th century. In a series of six presentations using video, audio, photographic and archival material, he explores how countries, political leaders, academics and ordinary people reacted to discrimination, persecution, mass murder and genocide. These sold-out lectures are presented in a manner to educate, inform and inspire.

Hodges University is located at 4501 Colonial Boulevard in Fort Myers. For more information and to order tickets, visit www.historyuncompromised.com.

Shredding Event This Saturday

he Pilot Club of Fort Myers and the Cape Coral Police Department are cooperating in holding a shredding event on Saturday, January 23 between 9 a.m. and noon. The event will be held at the Cape Coral Police Department, located at 1100 Cultural Park Boulevard.

Individuals will be on hand to help drivers unload their boxes to be shredded; the boxes can be returned if desired. Shredding will occur on site. Cape Coral Police Department Explorers will help direct traffic.

All proceeds of the event will be donated to the Cape Coral Project Lifesaver Programs and the Pilot Club. Donations of \$5 per box to be shredded are suggested. There should be no binder clips or paper clips attached to paper being shredded. Commercial boxes will not be accepted.

The Project Lifesaver is a partnership of the Cape Coral Police Department and the Pilot Club of Fort Myers. The club is a major source of income to support the program, which is in need of equipment for the search and rescue mission for "at risk" individuals who are prone to the life-threatening behavior of wandering.

For more information on the Cape Coral Project Lifesaver Program, visit www.capecops.com/project-lifesaverinformation. For more information on the Pilot Club of Fort Myers, contact Fran at 332-1140 or Jody at jodyvanc@gmail. com.🛱

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Lyle Young, CSB Christian Science practitioner and teacher Nember of the Christian Science Board of Lectureship

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Sun., January 31, 2021 2:30 p.m.





For more information:

phone: 239-334-6801 email: fmcsrr@gmail.com

www.ChristianScienceFortMyers.net

Christian School Family Fun Day And Ópen House

ort Myers Christian School (FMCS) will host its second annual Family Fun Day & Open House from 10 a.m. to noon on Saturday, January 23. The event allows families to tour the facility and speak with teachers and staff while enjoying a host of entertaining activities and a food truck.

'We had so much fun last year at our Family Fun Day & Open House that we are doing it again this year," said FMCS Principal Mel Mitchell. "This is a great opportunity for interested families to tour the facility, get to know the teachers

family.'

Financial Planner Philanthropic Award

Activity Group of Raymond James Associate Vice President and Certified Financial Planner Duane Chaney is the recipient of the Distinguished Volunteer Award presented by The Association of



Duane Chaney

Fundraising Professionals – Collier-Lee Chapter.

The award was presented to Chaney on November 17 in celebration of National Philanthropy Day as part of a live-streamed program to honor philanthropists and volunteers for their outstanding work in the community.

Chaney was honored for his work as the founder of Madisen's Match, a firstclass charity tennis event featuring some of the best tennis players in the world. The event has grown over the past 12 years to include a gala, live and silent auctions, tennis clinics with the pros, a kid's clinic and a full pro exhibition hosted in a college arena. To date, Madisen's Match has raised more than \$1.3 million for the Lee Health Foundation.

Chaney started the event in 2008

www.GULFSHOREOPERA.org

after his niece Madisen was diagnosed with an inoperable brain tumor at age 3. He decided to use the energy and emotion from this experience to create a fundraising event benefiting the Lee Health Foundation and better equip doctors to fight pediatric cancer. Chaney logs hundreds of hours each year organizing the many facets of the event and enjoys connecting with the very children who have benefited directly from the fundraising efforts of events like Madisen's Match.

"I am truly honored to be recognized for the philanthropic and volunteer work that has made Madisen's Match a success over the years," said Chaney. "The event is a labor of love that started as a way for me to support my niece and those like her battling cancer. It has since become one of the biggest charity tennis events in the country and has made a huge impact on cancer care locally."

Locals Named To Dean's List

Sanibel native Kait Proper has been named to the dean's list at Slippery Rock University for the fall 2020 semester. The dean's list consists of undergraduate students who earned an adjusted semester grade-point average of 3.5 or higher, based on a schedule of at least 12 newly attempted and earned credits.

Max Garramone of Fort Myers was recently named to the dean's list for the fall 2020-21 semester at Bucknell University in Lewisburg, Pennsylvania. A student must earn a grade point average of 3.5 or higher on a scale of 4.0 to receive dean's list recognition.

Riley Sipp of North Fort Myers was recently named to the dean's list for the fall 2020 semester at Assumption University in Worcester, Massachusetts. Students must achieve a grade point average of 3.5 for a five-class, 15-credit semester to be included on the prestigious list.

Bank Official Elected To Foundation Board

A^{my} McQuagge, Sanibel Captiva Community Bank's vice

McQuagge

joined the bank

Bank's vice president and director of marketing, has been elected to the Uncommon Friends Foundation board of directors.

Amy McQuagge

in 2018 as the organization's first in-house marketing director and is responsible for providing direction, guidance and leadership of the bank's marketing and community outreach efforts. She was previously the senior marketing and event manager for the Lee County Economic Development Office. A lifelong Lee County resident,

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Javonte Johnson of Fort Myers was recently named to the fall 2020 semester at Central Penn College in Summerdale, Pennsylvania. To qualify for the designation, an undergraduate student must carry six or more credits and earn a grade-point average of 3.5 or better for the term. Johnson is currently majoring in business administration.

McQuagge holds a bachelor's degree in communications from Florida Southern College.

Celebrating its 27th anniversary this year, the Uncommon Friends Foundation is dedicated to lifelong character building among today's youth and business leaders, as it inspires future leaders toward excellence of character, a spirit of innovation and a sense of purpose. Located at the historic Burroughs Home & Gardens on the waterfront in downtown Fort Myers, it offers a sheltered pavilion and water views for public and private events and tours year-round. For more information, call 337-9503 or visit www. uncommonfriends.org.

President's List

Nicole Fortner-Rodriguez of Fort Myers was recently named to the president's list for the fall 2020 semester at Jacksonville State University. To be named to the president's list, a student must earn a perfect 4.0 gradepoint average while attending full-time. Fortner-Rodriguez is majoring in biology.**

GULFSHORE COPERA SEASON 7 elebrating **ON TOUR** FEB. 18TH - 23RD Let's GO together! **TOURING SOUTHWEST FLORIDA CHARLOTTE • LEE • COLLIER** FEBRUARY 18th 7pm Starting \$35 The Blagojevic Sazonov Group Sanibel Community House | Sanibel Island **ON TOUR JAN. 29th - Feb. 4th** llshore Opera (FEBRUARY 28th St. Leo Catholic Church onita Springs **JAN. 31st | 4PM | TICKETS \$45** Sanibel Community House | Sanibel Island **Feb. 6^{тн} 7рм Тіскет** \$55 **BUY TICKETS ONLINE** St. Leo Catholic Church | Bonita Springs 239.529.3925

A Time For Mercy



by Di Saggau

'ohn Grisham's latest novel **U**A Time for Mercy brings back Jake Brigance, the hero of Ă Time to Kill. In 1990 Clanton, Mississippi, Jake finds himself involved in a deeply divisive trial when

the court appoints him attorney for a 16-year-old boy accused of murdering a local deputy. Many in the town want a swift trial for Drew Gamble. Jake believes him innocent, and his fierce commitment to saving Drew from the gas chamber causes repercussions to his career, his financial security and the safety of his family.

Early on in the book, we learn what happened. A sheriff's deputy comes home drunk and beats his girlfriend unconscious while her two teenage children cower upstairs. Drew grabs the deputy's gun and kills him in a fit of fury. He's charged with capital murder, which carries the death penalty. Jake knows that his decision to represent Drew will alienate him from many of the citizens. The work will pay him next to nothing, and half the town is furious with him. Even longstanding acquaintances turn their backs.

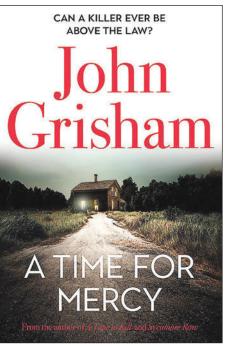
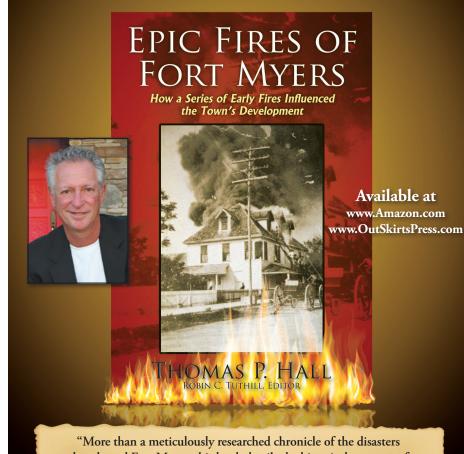


image provided

Grisham puts us inside the heads not just of Jake and Drew, but also a long cast of characters. The trial is riveting and suspenseful. Judge Omar Noose is especially interesting. He's determined to see that justice prevails.

A Time for Mercy is a powerful courtroom drama involved with courthouse scheming, small-town intrigue and stunning plot twists. The novel is timely, full of wit, drama and a lot of heart.☆



that shaped Fort Myers, this book details the historical moment of each blaze, creating a rich portrait of a community forged and tempered by fire. A must-read for anyone interested in area history, with riches for newcomers and experts alike." - Amy Bennett Williams

School Smart



don't know what to expect. When they were little, there were so many articles explaining their developmental milestones, but I haven't found much about this new age group they are entering. What should I be looking for? Kelly T, Sanibel

Shelley,

My kids

Kelly,

Middle schoolers are a unique group, experiencing a major life transition. In middle school, kids meet developmental milestones at widely varied times. Just observe in any middle school and you can see the huge variation in physical maturity, very tall, short, mature, childlike, bearded or buxom students. Despite this huge physical range in development, there are specific cognitive and social skills all middle-schoolers need to acquire by the time they enter high school.

As puberty begins, your tween/teen will likely go through some big physical changes and periods of rapid growth are common, with girls generally developing earlier than boys. While there are significant physical variations, typically, middle-schoolers will:

Become a bit clumsier as height and weight change quickly

Start showing uneven development in skills like agility, balance, strength and flexibility

Need more rest since so much energy is being used for growing

Have a difference between body and brain growth; may be more mature

physically than cognitively or emotionally

Cognitive skills like problem-solving and thinking skills develop significantly at this age. Kids also begin to pay more attention to decision-making and to organizing ideas, time and things. In middle school, children often:

Start to understand concepts like power and influence

Question things; don't take everything at face value

Think about how current actions affect the future; may worry about things like climate change and war

Memorize information more easily Use flexible thinking, such as checking

work and changing approaches as needed Begin developing a worldview, including a basic set of values

Want to contribute and make money Language skills change in middle school, as well. You might notice that your child is better able to understand what people communicate through observation of non-verbal messages. In middle school, children often:

Use metaphors, slang and different ways of speaking

Are interested in having discussions, debates and arguments (sometimes just for the fun of it)

Have a better awareness of what is appropriate to say in a variety of situations Middle school is a time of major social

and emotional growth. Many children struggle to fit in and proclaim their individuality, hence the blue hair, strange clothes etc. Parents' opinions seem to matter less, and it's not unusual for kids to begin to question everything, including their parents' authority and ideas.

It's not uncommon for middle-schoolers to do these things:

Give in to peer pressure to be like others; have experiences with verbal, physical or cyberbullying

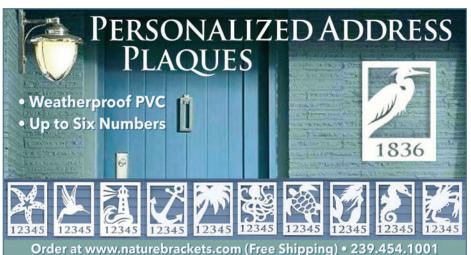
Be extra sensitive to other people's opinions and reactions; think the whole world is watching

Develop a sense of pride in accomplishments and enjoy challenges Have and keep secrets

Remember that kids develop at different paces and this is particularly true of middle-schoolers. While the above stated are general guidelines, if your child isn't meeting a number of these milestones, consider talking to her teachers or counselor to get their perspective.

It's easy to become frustrated with this age group but remember their task now is to become an independent person and it's not easy, so keep the lines of communication open with your child and give them the time they need to get through this developmental stage.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail. com. Not all questions submitted can be addressed through this publication. 举



University Hires Senior Vice President

r. Rigoberto (Rigo) Rincones Gómez has joined Hodges University as senior vice president of business programs operations and institutional effectiveness. In this role, he will be responsible for overseeing the



Dr. Rigoberto Rincones Gómez

program operations of the Johnson School of Business; the coordination of institutional, course/program assessment, and regional programmatic accreditation; and Hodges University's continuous improvement process.

Dr. Rincones brings over 25 years of national and international leadership experience in academic affairs, student success, faculty excellence and scholarly activity. He has been awarded

Businesses Partner For Eye Network

Two leading optometry practices in Southwest Florida – Fort Myers Eye Center and Valentine Eye Care – have partnered with Center For Sight, one of the nation's leading multidisciplinary physician groups, on US Eye, a physician-led, patient-centric network of practices committed to providing exceptional patient service through premium technology and unrivaled provider expertise.

Fort Myers Eye Center and Valentine Eye Care will assume the brand name Center For Sight, bringing the total number of Center For Sight offices in Southwest Florida to 14.

"Both Fort Myers Eye Center and Valentine Eye Care have been serving patients in Southwest Florida for decades. establishing themselves as elite eyecare providers in the region long ago," said David Shoemaker, MD, founder and CEO of Center For Sight and US Eye. "Center For Sight operates practices in Manatee, Sarasota, Charlotte and Collier counties. The addition of these two locations in Lee County helps bridge our northern and southern offices so we can continue providing exceptional care in the Fort Myers market. It is our goal to partner with only the best and brightest providers, and Dr. Middaugh and Dr. Valentine are clearly a cut above. The addition of both offices further establishes Center For Sight as Southwest Florida's premier evecare provider, and I am thrilled to have them on our team.

With the addition of Fort Myers Eye Center and Valentine Eye Care, US Eye now operates 27 clinics and three surgery centers across the Southeast United States, positioning the company as one with several honors and educational scholarships both in Latin America and the United States, including the Golden Apple Award for his academic excellence and commitment. He is also nationally and internationally recognized for his collaborative approach and has published more than 50 refereed journal articles, designed and facilitated more than 100 workshops in more than 10 countries, and co-authored several books – the most recent Collaborative Evaluations: Step-by- Step.

Dr. Rincones has worked at public and private institutions; minority serving institutions), hispanic serving institutions, predominantly white institutions, historically black colleges and universities; from single to multi-campus institutions; in rural, suburban and urban settings; and with enrollment ranging from 950 to 65,000 students.

As part of his educational background, Dr. Rincones has earned five degrees including a bachelor's degree in mechanical engineering; specialist and master's degrees in project management in engineering receiving Summa Cum Laude honors; a master's degree in educational leadership; and a PhD in evaluation, measurement and research design.*

of the largest comprehensive eyecare delivery systems in the nation. US Eye is a multi-specialty practice group that offers an extensive range of ophthalmic and medical services, including laser cataract surgery; advanced intraocular lenses; all-laser LASIK; glaucoma, retina and cornea care; cosmetic facial surgery; dermatology; audiology and skin care.

Over the next year, Fort Myers Eye Center and Valentine Eye Care will integrate their operations with the US Eye model to enrich patient care and expand service offerings, while maintaining the same close personal relationships both Dr. Middaugh and Dr. Valentine have built with their patients over the years. All existing patient appointments will proceed as scheduled, and patients will continue to be seen by their established physician at their existing practice location.

From page 1 Guitar Duo

people or \$50 for a group of four people.

Attendees are able to pre-order snack boxes for two, provided by Broadway Palm Dinner Theatre. Beverages will be available for purchase on site. Visit www.eventbrite.com/o/alliance-forthe-arts-30822833011 to reserve your square.

Event staff and volunteers are required to wear masks at all times. Attendees are required to wear masks indoors of the Alliance, for bathrooms and when social distancing is not possible. In the event of inclement weather, you will be contacted for either a refund or rescheduled

performance. Pets are not allowed. Alliance for the Arts is located at 10091 McGregor Boulevard in Fort Myers. Visit www.artinlee.org or call 939-2787.**

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Will Power Why Now Is A Good Time For Advanced Estate Planning



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

ecently, I've fielded many calls about advanced estate planning strategies, most likely brought on since the transfer of power in Washington to the Democratic party. President Biden's election platform called for a vast reduction in estate and gift tax exemptions, and he apparently has the votes in Congress should he want to advance his tax agenda.

A reduction of exemptions results in higher estate taxes paid when you die, if you have a "taxable" estate. As I write this, the gift and estate tax exemption approximates \$11.5 million. Should that exemption fall to \$5 million or even \$3 million, then

more taxpayers will be caught by the tax.

That's why many clients consider advanced estate planning strategies to minimize transfer (gift and estate) taxes.

What are advanced strategies? These consist of estate planning beyond your will or revocable trust, which should be anybody's foundation. A will or trust does not, however, reduce the potential federal estate tax your estate may one day pay.

In order to reduce your future estate tax burden, generally speaking, you need to transfer assets out of your estate, which usually also involves the loss of control over those assets. Transferring assets can result in the loss of enjoyment of those assets, but it doesn't have to. There are a variety of strategies that allow you to retain control and the enjoyment of transferred assets while reducing the estate tax burden.

Advanced estate planning strategies typically entail making "completed" gifts to irrevocable trusts. An irrevocable trust, by definition, is a trust that the grantor (you) cannot change once it is signed and funded. But then again, there are back door strategies that a qualified estate planning attorney can employ that may retain a significant amount of flexibility. There are dozens of traps for the unwary client and professional.

A local trust company called me on one such example. The client created an irrevocable trust that contains powers vested in the client's spouse and children that would serve to undermine the planning. In other words, the gifts to the trust probably aren't "complete" as defined by our tax law, and therefore the value of the accounts and property transferred likely won't avoid taxation. To make matters worse, the

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attorney who created the plan and filed the Form 709 Federal Gift Tax Return made critical mistakes on that return that will lead to complex problems when that client dies, if not sooner rectified.

Which brings up yet another point. Federal gift and estate tax returns are not like income tax returns. They operate under an entirely different set of rules, under a different chapter of the tax code. As an example, "income" is defined differently under the income tax code chapter than under the transfer (gift and estate) tax code chapter. Unfamiliarity with these rules leads to big problems, especially true when you consider the audit rate of gift and estate tax returns is multiples higher than that of income tax returns.

It will cost this client far more (perhaps two to three times more!) to clean up the mess than what he would have paid a qualified attorney to implement a solid plan from the beginning.

Another element of advanced estate planning involves "leveraging" your tax exemptions. If John makes a gift by transferring \$1 million to his daughter Lori, then he has consumed \$1 million of his gift and estate tax exemption. This isn't good planning for those who may have larger estates. If John instead uses a strategy to transfer \$1 million of assets to Lori but only consumes \$500,000 of his exemption, all the better. This is how wealthy people transfer their estates while minimizing taxes.

Family partnerships are one way to leverage gifts. The IRS frequently challenges family partnership planning. Those challenges may occur after the client's death rather than during his lifetime. Another client came to me with convoluted family partnership planning, and further, he hadn't adhered to partnership formalities. When reading the correspondence that he had with the attorney who put the plan in place, it was chock full of a discussion of the strategy's advantages, but there was little mention of the disadvantages to how they intended to use the partnership.

Again here, the federal gift tax returns filed over the course of many years compounded the problem. This is a classic case of a partnership that was ripe for challenge after the client's death.

So advanced estate planning can be extremely useful, if carefully strategized, implemented and maintained. Make sure you're aware of both the advantages and disadvantages of any strategy, and that you're talking to a professional who has the requisite experience to guide you to achieve the intended result. ©2021 Craig R. Hersch. Learn more at www.floridaestateplanning.com.

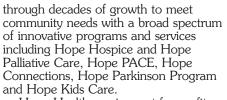
Official Named To National Board

'ope Healthcare President and CEO Samira K. Beckwith has been elected to an additional threeyear term on the 2021 National Hospice and Palliative Care Organization

(NHPCO) board of Samira K. Beckwith directors.

Beckwith's commitment to NHPCO since 1984 has included serving as chair, along with multiple appointments to the board's executive committee and terms of service as a national director. She has also served on several task forces and policy committees within the organization.

With more than 40 years of hospice and health care experience, Beckwith's leadership on local, state and national levels is widely recognized. Since becoming president of Hope Healthcare in 1991, she has led the organization



Hope Healthcare is a not-for-profit health care organization dedicated to providing care and comfort to every individual and their loved ones as they fulfill life's journey. For more information, call 482-4673 or visit www. hopehcs.org.举

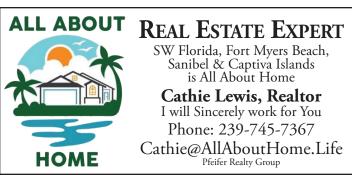
From page 1

Beach Art

located at 1250 Estero Boulevard on Fort Myers Beach.

Besides the artwork in the show, mini masters are priced at \$10 apiece for matted original artwork. The juror's comments and a sampling of images from the show are available online at www.fortmyersbeachart.com/2021%20 winter%20judged%20show.

FMBAA is located at 3030 Shell Mound Boulevard on Fort Myers Beach. For more information, email Pam Flaherty at fmbaapublicity@gmail.com or call 463-3909.举





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Are You Tired Of Your Living Room?



by Trinette Nelson

Maybe it's time to redecorate. Sprucing up a "tired" living room will definitely give your spirit a lift! But where do you start? Well, as the song

says, "Let's start at the very beginning!" And the beginning

for any new decorating project is the creation of a master plan. One that will help guide you through all the decorating decisions you'll be making over the coming months.

First of all, determine how much you are interested in investing in your project. This figure will be a great help to you as it will guide all your decisions. Should you buy new furniture, flooring, draperies, lamps, accessories? Or can you keep some pieces, buy a few new, and spruce up what you're keeping.

Once you've established a budget, you're comfortable with, then it's time to take an inventory of your room... with a critical eye. This is where the help of a design professional is so very important.

From page 2 Historic Downtown

the Farmer's Market, served as the alternative airport for private and commercial planes.

Companies such as Royal Palm Air Service gave flying lessons from there.

In May 1942, the airport was renamed Channing Page Field in honor of Capt. Richard Channing Moore Page, a local WWI flying ace who had been tragically killed, along with two other local citizens, when the aviator's Curtiss Sea-Gull hydroplane crashed in Collier County on March 2, 1920. The U.S. Army, however, continued

The Ú.S. Army, however, continued with the official name Fort Myers Army Air Base.

Post-WWII, the airport reverted to civilian control, and Fort Myers benefitted from the Army's many improvements and expansions. Some of the buildings constructed during the war were moved and are still in use today.

Once reestablished as the city's main airport, National Airlines resumed service, and some local industries helped business soar. For example, the gladiolus industry, which became a tremendous economic force in Lee County, shipped from Page to all over the country and, via New York, Lee County flowers were distributed in Europe.

Another momentous day in local aviation history was December 15, 1957, when National Airlines started direct service from Page Field to New York and Boston. In 1975, a new terminal was built at Page.

May 1983 brought another giant leap

Take a good look at your room and ask yourself these questions: What is it used for? How much traffic does it get? Is it a sanctuary or a room which will welcome many guests? How is the room's lighting? Do you like your current furniture arrangement? Do you need to change the wall color or treatment? Are your window treatments dated? These questions and many more can go on and on. Write your thoughts down as a list so you'll stay on the right track both with your ultimate decorating decisions and your budget.

After you've considered these critical details, you can begin making some firm decisions about the four major elements in the room – flooring, walls, windows and furniture.

Flooring options are wide and varied. If new carpeting is in your plan, remember that it will provide your room with the greatest expanse of color.

Whether papered or painted, wall finish options will give the room its excitement and splash.

Window treatments can either take center stage or be a soft backdrop to your entire design plan. There is nothing, dollar for dollar, that can do more for a room that a beautifully designed window treatment.

Select furniture pieces wisely. Whether wood or upholstered, besides offering you beautiful and comfort, they will also help pull all your design elements together when well-coordinated with flooring, wall and window treatments.

Trinette Nelson is an interior designer on Sanibel/Captiva Islands and can be reached at trinette@coindecden.com.*

forward, when the Southwest Florida Regional Airport (RSW) was certified for operation. Page Field was designated a general aviation airport.

Since then, a second RSW terminal has been constructed and the name has become Southwest Florida International Airport. In 2011, a new Page Field terminal was dedicated.

Make the trip to Page Field and imagine planes landing in palmetto scrub.

Then learn more about local aviation history by visiting the following two research centers. Hours might be affected by the coronavirus pandemic, so call first. The Southwest Florida Historical

The Southwest Florida Historical Society is an all-volunteer, nonprofit organization open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m. It is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts. Call 939-4044 for more information.

The Lee County Black History Society is located at 1936 Henderson Avenue, adjacent to the Williams Academy Museum at Roberto Clemente Park. Hours for the nonprofit organization are Wednesday through Friday from 11 a.m. to 4 p.m. and on Saturday by appointment only. For more information, call 332-8778 or visit www.leecountyblackhistorysociety.org.

Visit the IMAG History & Science Center at 2000 Cranford Avenue or at www.theimag.org.

Sources: The Archives of the Southwest Florida Historical Society; the Fort Myers Press; The News-Press; A History of Aviation in Lee County, Florida by Prudy Taylor Board and Esther B. Colcord; The Story of Fort Myers by Karl H. Grismer; and www.flylcpa.com.

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16 | THE RIVER - JANUARY 22, 2021 Frankly Speaking

by Howard Prager



Thank goodness for sports. They unite us, they excite us, they can inspire us, and they remind us of simpler times. At a time when the country seems so polarized and scared, we need

to find ways to bring us together as the good news story of the day does.

A few topics today. Let's talk about Dream Team II, or the Brooklyn Nets. Wednesday afternoon they acquired super shooting guard James Harden in a big trade with Houston and now have a trio of stars with Kevin Durant and Kyrie Irving making the Big 3 for the Nets. It reminds me of the "dynasty" of the Miami Heat with LeBron, Dwayne Wade and Chris Bosh and certainly can lead to an exciting showdown in The Finals against LeBron's Lakers. Of course Brooklyn has to get past the Bucks and surging Celtics, as well as all the COVID-19 protocols the league is adding because of the number of games postponed. For example as of now the Washington Wizards have not played a game in 11 days due to the pandemic. Back to the bubble for the season?

Who else is affected by COVID-19? The Australian Open. According to BBC News: "Since Saturday, at least 72 players - and other staff - have been ordered to stay in their rooms for two weeks without leaving, after arriving on one of three flights with infected travelers. A total of 15 chartered flights have brought over 1,200 players, staff and officials into Australia for the tournament on February 8. While most players touched down in Melbourne, superstars including Djokovic, Rafael Nadal, Serena Williams and Naomi Osaka instead flew into Adelaide - across two flights - for an exhibition tournament. The Australian Open had already been hit by the withdrawal of injured Roger Federer, while three-time major winner Andy Murray tested positive for the virus before departure so he did not fly to Australia.' Glad the NBA is just in North America.

And who else has big trades and free agent signings? Baseball. The White Sox, Padres and Mets seem to be the most active teams in upgrading their rosters. Of course, the Yankees are always making big signing deals, but no other team is as active as these three with new players. Time will tell if they each added the needed pieces to win their divisions and beyond.

I was interested in three NFL games this weekend, seeing how the Bills and Browns do and how the matchup of the ageless quarterbacks went. Both the Bills and Browns can be proud of how they performed, with the Browns taking the Super Bowl Champ Chiefs to, but not over, the wire. Whereas the Bills throttled the Ravens and like Mahomes on Sunday, Lamar Jackson was knocked out of the game Saturday. Mahomes is now on concussion protocol, and we'll see if they play him in the league championship next week, and if the Bills can pull off the upset to make their first Super Bowl start since the 90s. Anticlimactic is the only way to describe the third matchup between Brady and Brees. After crushing the Bucs twice during the season, Brees threw an uncharacteristic three turnovers as the Bucs won the opportunity to try and knock out Aaron Rodgers and the Packers. Good luck – they will need it.

The good news story of the week appeared in the New York Times about a Dallas man, Frank Miller, 74, a former high school and college pitcher. Frank yearned to just play a game of catch with someone. His wife put an ad out on the Nextdoor app asking anyone interested to meet by the tennis courts in the nearby park at 3 p.m. the following Wednesday. She said her husband was in shape and still able to throw a decent ball. Not knowing if anyone would respond, they headed to the park at the appointed time carrying several baseballs, a couple of mitts and wearing colorful masks. "Between the dual curses of politics ("I've lost friends," Frank said) and the pandemic, people are ticked off, scared and solitary. Frank reflected on the idea and said that, "I think people want to reconnect a little bit right now." A TV reporter greeted them who had seen the ad and thought there was a story here

in the making. There was. Ten people, from high school age all the way to Frank Miller at 74. They exchanged elbow bumps and paired up, each pair tossing the ball back and forth for over an hour. The pairings themselves crossed the decades, from retired to a couple guys in their early 20s searching for work to three high school members of the local baseball team, all sharing one thing in common - the love of the game. And as they tossed their baseballs back and forth in the sun, they shared more than that: wisdom, encouragement and ideas. The simple act of throwing a baseball back and forth brought them all together. As the shadows started to grow, Frank took out a notebook and wrote down each person's name and contact information to schedule a time to do this again. As they scattered, Frank said, out loud but kind of to himself, "Isn't baseball beautiful? It's a piece of art, really." It was time for the Millers to go to their appointment for the coronavirus vaccine. What a wonderful way to bring people together and start 2021 with a positive note," one neighbor wrote. "This makes me smile." We all need to.

Howard Prager is the son-in-law of longtime columnist Ed Frank. Prager is a sports enthusiast from the Chicago area who also writes and blogs about leadership. Email comments or questions to press@ islandsunnews.com.[‡]

SPORTS QUIZ

- 1. What Canadian boxer, known for a powerful left-handed punch he called "The Smash," lost two heavyweight elimination bouts to Mike Tyson in 1991?
- 2. Renowned college basketball broadcaster Dick Vitale compiled a 34-60 record as head coach of what NBA team from 1978-79?
- 3. Italy's Armin Zoggeler won six medals at the Winter Olympics from 1994-2014 competing in what sport?
- 4. What two New York Mets players reached the 30-30 club (30 home runs and 30 stolen bases) in the 1987 season?
- 5. What Los Angeles Sparks player was named both WNBA Rookie of the Year and MVP in 2008?
- 6. NBA great Shaquille O'Neal played the character of Neon Boudeaux in what 1994 basketball drama film starring Nick Nolte?
- 7. Name the Welsh golfer who won his lone major championship at the Masters in 1991.

ANSWERS

I. Donovan "Razor" Ruddock. 2. The Detroit Pistons. 3. Luge. 4. Howard Johnson and Darryl Strawberry. 5. Candace Parker. 6. Blue Chips. 7. lan Woosnam.

Autism Screening For Children

Golisano Children's Hospital of Southwest Florida, in partnership with Ronald McDonald House Charities of Southwest Florida, will offer a free autism spectrum disorder (ASD) screening for toddlers ages 18 months to 5 years at the Pediatric Specialist Office on Friday, January 22 from 9 a.m. to 2 p.m.

The ASD screening is conducted by the Golisano Children's Hospital of Southwest Florida. The screenings are administered by an advanced practice registered nurse who has extensive training and experience in typical child development and developmental disorders.

It is estimated that one in every 59 children is diagnosed with some form of ASD, making it more common than childhood cancer, juvenile diabetes and pediatric AIDS combined.

Medical consultants for the project stress that an early diagnosis can make a vast difference for toddlers and their families. They say early intensive behavioral intervention can make an immense difference not just in the development of the child, but in their families as well.

A physician referral is not required. To schedule a screening, call 343-6838.

The Pediatric Specialist Office is located at 15901 Bass Road, Suite 102, in Fort Myers. For more information, visit www.rmhcswfl.org.☆

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by Craig R. Hersch Florida Bar Board Certified Wills, Trusts & Estates Attorney, CPA &

Island Sun Columnist

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deaRPharmacist How Hawthorn Lowers Blood Pressure



by Suzy Cohen, RPh

ear **Readers:**

Hypertension refers to high blood pressure, and while doctors sometimes define this differently based upon your

age, it is usually something like 140 over 90. These numbers are further defined as your systolic blood pressure over the diastolic blood pressure. The systolic is always the first number, whereas the diastolic is the second number, and it's most important because it shows what the pressure is at rest.

Hypertension occurs due to several factors, usually not just one. You might see this condition occur in people who are sedentary and eating too much salt or drinking too much alcohol. You might see it in a smoker who is stressed and getting older. Your genetics play a role too.

There is an age-old herb that I trust for all kinds of heart conditions including hypertension. It's called hawthorn and it is in the same family as roses. Hawthorn is available widely at health food stores and online e-tailors in all kinds of forms like pills, powders and extracts. It's not so much the leaf, it's actually the berry of the hawthorn shrub that does the heavy lifting. The berry contains a high concentration of natural compounds that support your entire cardiovascular system.

Hawthorn has been used for centuries to support all kinds of cardiovascular disorders, and it can relax tight, constricted blood vessels. By relaxing them, there is less pressure inside, and therefore blood pressure comes down over time. Hawthorn does effect the

nervous system, it is calming and has a mild sedative effect. But I do not recommend hawthorn at bedtime though. The reason for this warning is that hawthorn is a diuretic.

Hawthorne was studied and compared to a placebo and found to help people with type 2 diabetes who also had hypertension. The participants took 1,200 mg of hawthorn extract in this particular study (doses vary greatly so keep that in mind), and those who took hawthorn had better (lower) blood pressures than those who took the dud pill. Hawthorn contains many polyphenols and antioxidants. It can be useful for many conditions including hypertension, a weak heart, congestive heart failure, shortness of breath and physical/athletic performance.

For that reason, you might consider taking hawthorn, but of course ask your doctor if it's right for you. Because it reduces blood pressure, you will obviously see interactions with other medications used for hypertension. For example, hawthorn may exacerbate the blood pressure reducing effect of the following:

Beta blockers Calcium channel blockers ACE inhibitors ARBs (Angiotensin II Receptor

blockers) Diuretics

Digoxin

Others

Side effects of hawthorn have been reported such as nausea, stomach upset. dizziness, insomnia, restlessness and headaches. Side effects often occur when people mix the hawthorn with other medications, which cause pressure to drop too low.

With hawthorn, it's best to use lower dosages of the herb and take it for a longer period of time than to take high doses for a short term. Ask your doctor if it's right for you.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www. . SuzyCohen.com.☆

Partners Join Forces To Host Online Job Fair

nemployment in Southwest Florida is high, as is the need to fill available job openings in numerous career fields with local manufacturing companies. To address this growing demand, Southwest Regional Manufacturers Association (SRMA) has partnered with CareerSource Southwest Florida to host an online job fair on Wednesday, January 27 from 10 a.m. to 1 p.m. There is no cost to attend.

We are hoping to help people obtain stable, well-paying jobs in the manufacturing industry where demand for a qualified workforce is high," said SRMA Board Chair Jeff Poirier.

Manufacturing companies such as Arthrex, Storm Smart and more will be among the featured employers at

the job fair. Open positions range from sales, buyers, clerks, front office and maintenance to welders and machinists. There are entry level positions to senior career opportunities available. CME and iTech will also be in attendance to discuss on-the-job training programs and continued education courses with

employers and employees. "We are happy to partner with the Southwest Florida Manufacturers Association to facilitate this online job fair for local manufacturers," said Bill Welch of CareerSource Southwest Florida. "It fulfills our mission to connect employers with qualified, skilled talent and Floridians with employment and career development opportunities to achieve economic prosperity.'

Job candidates must register for at https://portal.premiervirtual.com/ event/register-jobseeker/3530-srmaswfl-manufactures-virtual-fair. For more information about the Southwest Regional Manufacturers Association visit

Doctor and Dietician Get Your ZZZs



by Ross Hauser, MD and Marion Hauser, MS, RD

e recently heard a survey on the radio asking what the most important aspect of physical fitness was: food, exercise, or sleep? The answer was sleep.

We all too often focus on diet and exercise but overlook sleep and its importance to overall health. What is often sacrificed during this time-crazed lifestyle we Americans lead? Sleep. Chronically staying up late to finish one more task or watch a program/movie or stay out with friends can lead to long-term negative effects on your health. Much research has been done that reveals how getting enough sleep can keep you not only physically healthy but mentally healthy as well.

Benefits of great sleep include the following: strengthens your immune system, reduces the risk of inflammatory diseases, boosts brain power, helps maintain weight, improves endurance, helps children grow, relieves stress and stimulates your creative side.

How much sleep should we get? The National Sleep Foundation suggests getting at least seven hours per night. However, teenagers require at least eight hours, where school children need at least nine hours. Some people require more, some less. The goal is to find the amount of sleep your body needs to function optimally and stick to it in order to optimize your health.

At Caring Medical, it is not uncommon

www.srma.net, call 258-1385 or email info@srma.net.芬

Funding Available For Local Nonprofits

he United Way of Lee, Hendry, Glades and Okeechobee has announced that it will accept applications from nonprofit organizations for funds to supplement and expand emergency food and shelter programs in Lee and Hendry counties through Monday, February 1.

Lee and Hendry counties have been awarded federal funds totaling \$291,340 for Phase 38. This funding is made available through the Department of Homeland Security (DHS)/Federal Emergency Management Agency under the Emergency Food and Shelter National Board Program.

for us to see patients with chronic insomnia. Many times, this insomnia is due to physical pain the patient is experiencing due to injury or chronic disease. When the pain is eliminated by getting to the root cause of it, patients can often return to regular sleep habits. But for some, sleep deprivation has become a way of life. Nothing seems to help.

We recently discovered something quite amazing in a patient who came in with chronic insomnia (among other things.) We documented for the first time (never been published) that her brain arteries became hyperemic (dilated) in her sleeping position compared to her upright position. Why is this amazing? For good brain health, the blood supply and drainage must meet the demand of its metabolic activity. The areas of the brain of extreme importance, those that involve intelligence and problemsolving, have the highest metabolic demands and are very susceptible to injury by a clogged "brain toilet." When these areas become injured, the first symptom noticed is brain fog, followed by a host of other complaints that often elude medical providers. This patient's neck was unstable, causing blood flow irregularities. By correcting the underlying instability problem, this condition can be resolved.

If you suffer from poor sleep or lack of sleep, we encourage you to do something about it. First of all, take control of your schedule. Try to stick to regular sleep and wake times. Do not watch negative news or expose your eyes to blue light prior to bedtime. Keep the room cool. Use something soothing to encourage peaceful, harmonious thoughts as you drift into dreamland. And if you cannot get on a good sleep schedule, see a natural medicine provider who can help determine the underlying cause and get you back to your best beauty sleep. It will do the body good.

This information is not intended to treat, cure or diagnose your condition. Ross Hauser, MD, and Marion Hauser, MS, RD, established Caring Medical in 1991. Caring Medical Florida and the Hauser Neck Center are located in Fort Myers. They can be reached at info@ caringmedical.com.☆

The United Way board will determine how the funds will be distributed among the emergency food and shelter programs run by local human service agencies. The local United Way provides the coordination and administrative support for this program within the community

Under the terms of the grant from the national board, local agencies chosen to receive funds must be the following: private voluntary nonprofits or units of government; have a functional accounting system in place; practice nondiscrimination; have demonstrated capability to deliver emergency food and/ or shelter programs and, if they are private voluntary organizations, they must have a voluntary board. Qualifying agencies and organizations only are urged to apply.

Public or private voluntary agencies interested in applying for these emergency food and shelter program funds should contact Alexis Rodriguez of United Way of Lee, Hendry, Glades and Okeechobee at 433-7551.33

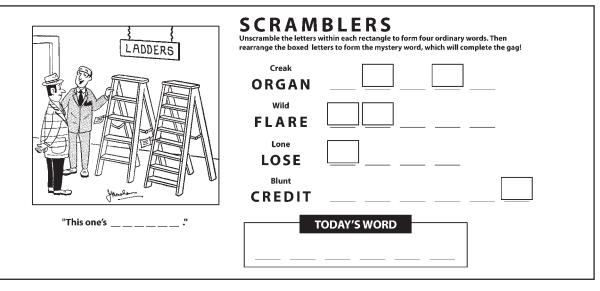


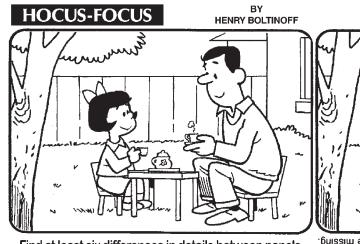


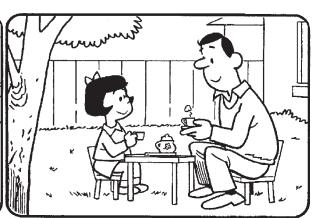
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| Lee County Chamber of Commerce | 021 0021 |
| | 931-0931 |
| Post Office | |
| Visitor & Convention Bureau | 338-3500 |
| ARTS | |
| Alliance for the Arts | 939-2787 |
| Arts For ACT Gallery & Studio | 337-5050 |
| Art League Of Fort Myers | 275-3970 |
| Barbara B. Mann Performing Arts Hall | 481-4849 |
| BIG ARTS | |
| Broadway Palm Dinner Theatre | 278-1122 |
| Cultural Park Theatre | 772-5862 |
| Edison Festival of Light. | 224 2002 |
| | 334-2999 |
| Florida Repertory Theatre at the Arcade | 332-4488 |
| Florida West Arts | |
| Fort Myers Harmonica Band610 | -653-7940 |
| Fort Myers Symphonic Mastersingers | 288-2535 |
| Gulf Coast Symphony | 489-1800 |
| Harmony Chorus, Charles Sutter, Pres | 481-8059 |
| Naples Philharmonic | -597-1111 |
| The Schoolhouse Theater | |
| SW Florida Symphony | 418-0996 |
| Theatre Conspiracy | 038-3330 |
| | 530-3235 |
| Young Artists Awards | 574-9321 |
| CLUBS & ORGANIZATIONS | 000 4050 |
| American Legion Post #38 | -332-1853 |
| Angel Flight 1-877-4A | N-ANGEL |
| Animal Refuge Center | |
| American Business Women Association | 357-6755 |
| Audubon of SWFL https://www.audubo | onswfl.org/ |
| Caloosahatchee Chapter DAR | 482-1366 |
| Caloosahatchee Folk Society | 321-4620 |
| Cape Chorale Barbershop Chorus | -425-3631 |
| Cape Coral Stamp Club | 5/2-0153 |
| duPont Company Retirees | 164 1002 |
| | 404-1000 |
| | 11E 0101 |
| Edison Porcelain Artists | 415-2484 |
| Embroiderers Guild of America - Sea Grape Chapter .239 | -267-1990 |
| Embroiderers Guild of America - Sea Grape Chapter.239 FM UDC Chapter 2614 | -267-1990 728-3743 |
| Embroiderers Guild of America - Sea Grape Chapter.239 FM UDC Chapter 2614 Friendship Force Of SW FL | -267-1990 728-3743 561-9164 |
| Embroiderers Guild of America - Sea Grape Chapter 239 FM UDC Chapter 2614 Friendship Force Of SW FL Garden Club of Cape Coral239 | -267-1990 728-3743 561-9164 -257-2654 |
| Embroiderers Guild of America - Sea Grape Chapter 239 FM UDC Chapter 2614 Friendship Force Of SW FL Garden Club of Cape Coral | -267-1990 728-3743 561-9164 -257-2654 472-8334 |
| Embroiderers Guild of America - Sea Grape Chapter .239 FM UDC Chapter 2614 Friendship Force Of SW FL Garden Club of Cape Coral | -267-1990 728-3743 561-9164 -257-2654 472-8334 472-6940 |
| Embroiderers Guild of America - Sea Grape Chapter .239 FM UDC Chapter 2614 Friendship Force Of SW FL Garden Club of Cape Coral | -267-1990 728-3743 561-9164 -257-2654 472-8334 472-6940 |
| Embroiderers Guild of America - Sea Grape Chapter .239 FM UDC Chapter 2614 Friendship Force Of SW FL Garden Club of Cape Coral | -267-1990 728-3743 561-9164 -257-2654 472-8334 472-6940 549-9625 |
| Embroiderers Guild of America - Sea Grape Chapter .239 FM UDC Chapter 2614 Friendship Force Of SW FL Garden Club of Cape Coral | -267-1990 728-3743 561-9164 -257-2654 472-8334 472-6940 549-9625 939-7278 |
| Embroiderers Guild of America - Sea Grape Chapter .239 FM UDC Chapter 2614 Friendship Force Of SW FL Garden Club of Cape Coral | -267-1990 728-3743 561-9164 -257-2654 472-8334 472-6940 549-9625 939-7278 482-6713 |
| Embroiderers Guild of America - Sea Grape Chapter .239 FM UDC Chapter 2614 Friendship Force Of SW FL Garden Club of Cape Coral | -267-1990 728-3743 561-9164 -257-2654 472-8334 472-6940 549-9625 939-7278 482-6713 731-1901 |
| Embroiderers Guild of America - Sea Grape Chapter .239 FM UDC Chapter 2614 Friendship Force Of SW FL Garden Club of Cape Coral | -267-1990 728-3743 561-9164 -257-2654 472-8334 472-6940 549-9625 939-7278 482-6713 731-1901 667-1354 |
| Embroiderers Guild of America - Sea Grape Chapter .239 FM UDC Chapter 2614 Friendship Force Of SW FL Garden Club of Cape Coral | -267-1990 728-3743 561-9164 -257-2654 472-8334 472-6940 549-9625 939-7278 482-6713 731-1901 667-1354 332-2408 |
| Embroiderers Guild of America - Sea Grape Chapter .239 FM UDC Chapter 2614 Friendship Force Of SW FL Garden Club of Cape Coral | -267-1990 728-3743 561-9164 -257-2654 472-8334 472-6940 549-9625 939-7278 482-6713 731-1901 667-1354 332-2408 939-1338 |
| Embroiderers Guild of America - Sea Grape Chapter .239 FM UDC Chapter 2614 Garden Club of Cape Coral | -267-1990 728-3743 561-9164 -257-2654 472-8334 472-6940 549-9625 939-7278 482-6713 731-1901 667-1354 332-2408 939-1338 561-2118 |
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| Embroiderers Guild of America - Sea Grape Chapter .239 FM UDC Chapter 2614 Friendship Force Of SW FL Garden Club of Cape Coral | -267-1990 728-3743 561-9164 -257-2654 472-8334 472-6940 549-9625 939-7278 482-6713 731-1901 667-1354 332-2408 939-1338 561-2118 454-8090 694-1056 691-1405 482-0869 463-9738 466-928 463-9738 466-4228 898-1921 768-0417 247-3073 |
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| Embroiderers Guild of America - Sea Grape Chapter .239 FM UDC Chapter 2614 Friendship Force Of SW FL Garden Club of Cape Coral | -267-1990 728-3743 561-9164 -257-2654 472-8334 472-6940 549-9625 939-7278 482-6713 731-1901 667-1354 332-2408 939-1338 561-2118 454-8090 694-1056 691-1405 482-0869 463-9738 466-4228 898-1921 768-0417 247-3073 477-4906 332-8158 472-6940 |
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PUZZLES

Answers on page 23







Find at least six differences in details between panels.

To Play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

| | 7 | | | | 4 | 9 | 2 | |
|---|---|---|---|---|---|---|---|---|
| | | 8 | | 6 | | | 5 | |
| 3 | | | 1 | | | | | 6 |
| | 4 | 6 | 9 | | | | 8 | |
| 9 | | | | 5 | | 4 | | |
| | 2 | | | | 6 | | | 1 |
| 5 | | | 8 | | 7 | 6 | | |
| | 1 | | | 4 | | | 3 | |
| | | 4 | | | 9 | | | 2 |

Differences: 1. Bow is smaller. 2. Skirt is shorter. 3. Table leg is missing. 4.Teapot is moved. 5. Hair is different. 6. Ouffs are missing.

PUZZLES

| Answers | on | page | e 2 |
|---------|----|------|-----|

| | | | | | | | պ | JC. | | | OS | 200 | U | u. | | | | TUE | |
|--|---|---------|--------------------------------|---|---|---|----------------------------------|---|---|---|---|--|---|--|---|--|--|---|--|
| | OSS | | 4 | 5 Inst | | e | 97 | Pupil | settin | | OWN | | | 40 | Smile | e wide | ely | 82 B | |
| | Little ra | | | exa | mple | | | Arthu | rian | | | alk he | | | | game | Э | | ban a |
| | Mosqu officiar | | 4 | 7 "Sic autl | | inaï | | wife Add- · | | | 2 Pa hai | rameo | um | | Assu Bygo | | | | buntry |
| | Go for | | | | manr | า | | anne | | | | rs ge gu | lf | | , 0 | ne dish c | ar | 86 Fi | iendi latior |
| | dip | ~ | 5 | | | | 103 | | | f | | cktail | | | Smile | | | 87 Le | |
| 15 | Spill th | | 5 | 4 UN | LV pa | art | t | tax re | turns | | bru | inch | | | орро | sites | | | eth |
| | secret | | 5 | 6 197 | | | | | y Wo | | 5 Da | | | | Inher | | | 88 — | |
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Gator Sausage Gravy and Biscuits



Gator Sausage Gravy and Biscuits

- 1 pound alligator sausage, diced small 2-3 cups whole milk
- 2 tablespoons unsalted butter
- 2 tablespoons all-purpose flour

My Stars *******

Aries (March 21 to April 19) Single Lambs looking for romance could find Cupid especially accommodating this week. Paired partners also find their relationships benefiting from the chubby cherub's attention.

Taurus (April 20 to May 20) Keep your keen Bull's eye focused on your target, and shake off any attempt to turn your attention elsewhere. You should get some news later in the week that might answer some questions.

Gemini (May 21 to June 20) Your early enthusiasm for a project might have been somewhat premature. Although you feel positive about it, you might need more information in order to make an informed decision.

Cancer (June 21 to July 22) Taking on a new responsibility might seem like the politically correct thing to do. But even with the promise of support, was it the wisest? Consider reassessing your upcoming decision.

Leo (July 23 to August 22) Apply yourself to completing your task despite all the distractions that might be interfering with your work. Then reward photo courtesy Fresh From Florida

8 biscuits (prepared) Oil for cooking Sea salt and fresh ground pepper, to taste

Preheat large sauté pan to mediumhigh heat and add oil to coat. Add butter and sausage and cook for 2 to 3 minutes. Sprinkle in all-purpose flour and mix thoroughly. Slowly pour in milk, stirring constantly. Bring to a boil and reduce to simmer for 6 to 8 minutes or until thickened. Season with salt and pepper, to taste. Serve over warm biscuits.

yourself with a weekend of fun shared with people who are close to you. **Virgo** (August 23 to September

22) A business agreement from the past might need to be looked at again. Use this unexpected development to check out other matters related to it. A weekend venture proves to be rewarding.

Libra (September 23 to October 22) Don't ignore that uneasy feeling about making a commitment. It could be a case of understandably cold feet, or a warning that something isn't as right as it should be.

Scorpio (October 23 to November 21) A colleague could be more supporting of one of your efforts. But it's up to you to make the case for it, and that could mean opening up a secret or two, which might be a problem for you.

Sagittarius (November 22 to December 21) Expect some good news about a relative you've been worried about. But don't expect the full story to be told – at least not yet. A workplace matter might face shifting priorities.

Capricorn (December 22 to January 19) Despite some anxious moments, you could have good reason to be

PETS OF THE WEEK



Little Guy ID#A832261 photos provided Lee County Domestic Animal Services Little Guy And Diva

Hello, my name is Little Guy. I am a tan 3-year-old male terrier mix who is currently in foster after coming to Animal Services with an injury. I am now ready for my forever home and would do best in a family where I can go to work with them or where someone is home. I am potty-trained but needs potty breaks. I need my toys to know what to chew on as I still has some puppy in me. I am a very loving dog that needs lots of love. Email Kayla at KBritton@leegov. com to set up an appointment to meet me today. My adoption fee is \$30.

Hi, I'm Diva. I am a black 2-year-old female domestic shorthair. I have earned my name with my very independent personality. I am your typical feline that loves attention – when I love attention. I will let you know when I want some cuddles and simply walk away when I am done. If you have an active lifestyle, I am the perfect pet for you. I am a carefree

pleased with how things are turning out. An end-of-the-week call might hold some interesting information.

Aquarius (January 20 to February 18) A long-overdue expression of appreciation could be offered soon. But admit it: You never really expected it would happen, right? Meanwhile, keep your weekend options open.

Pisces (February 19 to March 20) It's a good time to dive right into a new challenge, whether it's learning a computer app, or how to drive a stick shift, or making a new friend. Whatever it is, good luck.

Born This Week: You see the wisdom in honesty, and you help others appreciate your vision.

MOMENTS IN TIME

On Jan. 25, 1776, the Continental Congress authorizes the first national Revolutionary War memorial in honor of Gen. Richard Montgomery, who had been killed during an assault on Quebec on Dec. 31, 1775, one of the first generals of the American Revolution to lose his life on the battlefield.
On Jan. 30, 1835, Andrew

• On Jan. 30, 1835, Andrew Jackson becomes the first American president to experience an assassination



Diva ID#A847147

soul whose hijinks and antics for attention will no doubt entertain you and have you in love with me in no time. My adoption fee is \$50, and you can get a second kitty for free.

Each year millions of people make New Year's resolutions. Lee County Domestic Animal Services invites you to "Skip the Jog and Walk a Dog" as part of yours. Make pets a part of the plan for the New Year and consider that a new pet can help achieve many of the most popular goals set each year. The adoption fee for dogs has been reduced to \$30 for the entire month of January. All senior dogs (age 6 and older) are just \$25. So say goodbye to 2020 and hello to 2021 with a new best friend.

Lee County Domestic Animal Services is located at 5600 Banner Drive in Fort Myers. Adoptions are available by appointment Monday through Saturday from 10:30 a.m. to 3:30 p.m. Visit www.leelostpets.com to complete an online application. As always, cats and kittens are adopt one and get a feline friend at no additional charge. For more information, call 533-7387.**

attempt. Richard Lawrence, an unemployed house painter, shot at Jackson, but his gun misfired. A furious 67-year-old Jackson confronted his attacker, clubbing Lawrence several times with his walking cane.

• On Jan. 29, 1845, Edgar Allan Poe's famous poem *The Raven*, beginning "Once upon a midnight dreary," is published in the *New York Evening Mirror*.

• On Jan. 28, 1855, the Panama Railway, which carried thousands of unruly gold miners to California via the dense jungles of Central America, dispatches its first train across the Isthmus of Panama. The Panama Canal would parallel the railway 50 years later.

• On Jan. 31, 1944, D-Day is postponed until June when several key leaders agreed that there would not be enough ships available by May. D-Day would later be postponed once more, by a single day due to high winds. Finally, on the morning of June 6, the longawaited invasion of France began.

 awaited invasion of France began.
 On Jan. 27, 1965, the Shelby GT 350, a version of a Ford Mustang developed by American auto racer Carroll Shelby, is launched. The sports continued on page 22

THE RIVER - JANUARY 22, 2021 21







The New Math: = \$8 S

That's right! The Harry Chapin Food Bank can find, rescue, transport and distribute \$8 of nutritious food for every \$1 you donate. This turns your \$20 gift into 80 meals for a family!

Thank you for your generosity!

Mail your tax-deductible donation to: The Harry Chapin Food Bank 3760 Fowler Street, Fort Myers, FL 33901 Call (239) 334-7007 or donate online at: harrychapinfoodbank.org







AUTOMOBILE



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HOME SERVICES







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From page 20

Moments In Time

car featured a 306 horsepower V-8 engine and remained in production through the end of the 1960s.

• On Jan. 26, 1970, U.S. Navy Lt. Everett Alvarez Jr. spends his 2,000th day in captivity in Southeast Asia. First taken prisoner when his plane was shot down Aug. 5, 1964, during one of the first bombing raids over North Vietnam, he became the longest-held POW in U.S. history.

NOW HERE'S A TIP

• NB of Texas, writes: "I never could find the time to exercise. When I got home, I had to rush to get supper, etc., and afterward all I wanted to do was plop down and watch television. Then I got an exercise mat and a stationary bicycle. When I couldn't work out very long, I worked out during commercials. I've lost 3 pounds so far" Great idea for all those with fitness on their New Year's Resolution lists, Nancy

• Two wonderful tips came in from GK of Minnesota: "To protect floors from being damaged by chairs being pushed around, glue rounds of carpeting beneath the chair legs. They are easily removed for replacing as they wear down. Also, when making bread or rolls, warm the flour in the oven or microwave so as not to chill the butter. The dough will rise faster."

• BW of Colorado swears by brake cleaner to get rid of bad spots on carpets. "Regular automotive brake cleaner on the spot and a clean rag will remove almost all stains," he says.

• "In cold winter months, keep your robe (and slippers or whatever else) under the covers with you when you sleep. Pull it next to or over you a few minutes before you get up. It'll be toasty and will help make the transition into the cold a little less harsh." – BM in New York

• If your animals try to get out when you go into or out of the house, keep some toys or treats in your pocket or near the door to throw across the room, giving you a few seconds to slip in or out.

• As tax time draws closer, try taping a large manila envelope to the fridge, leaving the top open. Immediately place all tax-related forms and receipts in the envelope as they come in. This way, when you are ready to start your taxes, all items will be together and easy to find.

STRANGE BUT TRUE

• To train new operatives during the Cold War, the Soviets built fully functional replicas of American towns. Their residents consisted of retired deep-cover operatives who taught the trainees everything they needed to know about blending into American life.

In 1963, the Bronx Zoo had an exhibit called "The Most Dangerous Animal in the World." It was a mirror.
The U.S. Navy has a tradition that

• The U.S. Navy has a tradition that no submarine is ever considered lost at sea. Subs that don't return, including 52 lost during World War II, are considered "still on patrol." Every year at Christmas, sailors manning communications hubs send holiday greetings to those listed as still on patrol.

• An outbreak of the common cold occurred at an Antarctic base after 17 weeks of complete isolation.

• In the category of Best Song Titles Ever, country music stars Loretta Lynn and Conway Twitty recorded a duet titled You're the Reason Our Kids Are So Ugly. (Despite which fact, the lyrics make clear that the couple is still in love.)

• After high school senior Allison Closs dressed up a cardboard cutout of Danny DeVito to go with her to prom, the actor returned the favor by bringing a cardboard cutout of Allison to the set of *It's Always Sunny in Philadelphia*.

• A \$3 million lottery winner was sentenced to 21 years in prison after using his winnings to finance a meth trafficking ring.

• Actual town names in the U.S. include Rabbit Hash (Kentucky), Two Egg (Florida), Ding Dong (Texas) and Bacon (Delaware).

• Ever have trouble finishing your veggies? Try taking a tip from Leigh Knight, who in 2006 sold an unwanted brussels sprout left over from his Christmas dinner for £1,550 (\$2,100.72 USD) to aid cancer research.

THOUGHT FOR THE DAY

"May your coffee kick in before reality does." – Unknown

TRIVIA TEST

1. **Movies**: Who was the first African American to win the Academy Award for Best Actor?

them. LisaSanibel@centurylink.net

2. Astronomy: How many phases

| | | CLASSIFIED |) | |
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| Cottages To Castles Unique Vacation Rentals 2427 Periwinkle Way Sanibel, FL 33957 Local: (239) 472-6385 Toll Free: (800) 472-5385 Fax: (239) 472-5858 www. cottages-to-castles.com | Rare Unfurnished Home For Annual Rental Lovely 3 Bedroom / 3 Bath Pool home on a quiet over sized double lot. The surrounding mature landscaping and gardens really depict Sanibel living at it's best. Rent is \$3,900 per month including pool and grounds care. Call Sarah LaLande VIP Annual Rentals 239-691-2670 or 239-481-6111 1/22 * 1/22 | ADMINISTRATIVE ASSISTANT The Bailey-Matthews National Shell Museum on Sanibel Island is seeking an Administrative Assistant. Experience with Word, Excel, databases, other business applications, and good writing skills required. To apply for this 20 hour/week position, please send a resume to info@shellmuseum.org. 1/22 * 1/22 | looking for a reliable, part-time Gift Shop and VEC Associate. Duties include supervision of the gift shop and VEC operations, retail sales, inventory, program reservations and other administrative duties. The position requires someone who is dependable, organized and comfortable interacting with guests, volunteers and staff. Email mgrazioso@crowclinic.org 1/8 & TEN | FOR SALE APPLIANCES • White LG Dishwasher – Mint Condition • White LG 30" French Door Refrigerator – One tiny dent on front – barely noticeable • White Kenmore oven with white cooktop – Mint Condition. Non-smoking household. Single Mother, empty nester so not a lot of usage. Selling due to renovation in kitchen. Email for pictures or appointment to see |

$\star \star \star$ www.islandsunnews.com \star PLACE CLASSIFIED $\star \star \star \star$

does the Moon go through each month?

- 3. Medical: What are leukocytes?
 4. Television: What are the names
- 4. **Television**: What are the names of the three animated "Powerpuff Girls"?
- 5. **Inventions**: Who is credited with inventing the first battery?
- 6. **Geography**: What is the largest country in Africa in land area?
- 7. **Measurements**: What does a Geiger counter measure?
- 8. **Literature**: What item did the crocodile swallow in *Peter Pan*?
- 9. Food & Drink: What is grenadine made from?
- 10. **Animal Kingdom**: What is a baby goat called?

TRIVIA ANSWERS

I. Sidney Poitier, in 1964 2. Eight 3. White blood cells 4. Blossom, Buttercup and Bubbles 5. Alessandro Volta 6. Algeria 7. Radiation 8. A clock 9. Pomegranates 10. A kid

SCRAMBLERS ANSWER

1. Groan 2. Feral; 3.Sole; 4. Direct

Today's Word

FASTER



PUZZLE ANSWERS

| SUPER CROSSWORD | KING CROSSWORD | MAGIC MAZE | | SUDOKU |
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Top 10 Real Estate Sales

| Subdivision | City | Year Built | Square Footage | Listing Price | Selling Price | Days On Market |
|----------------------------|----------------|------------|----------------|---------------|---------------|----------------|
| Cats Paw | Sanibel | 1999 | 4,940 | \$5,900,000 | \$5,550,000 | 70 |
| Bayfront Gardens | Bonita Springs | 1995 | 6,230 | \$4,795,000 | \$4,238,515 | 1 |
| Palmetto Point | Fort Myers | 2007 | 7,315 | \$3,950,000 | \$3,800,000 | 17 |
| Ancona | Miromar Lakes | 2020 | 4,068 | \$3,295,000 | \$3,171,189 | 250 |
| Dinkins Bayou | Sanibel | 2019 | 3,353 | \$2,494,900 | \$2,350,000 | 378 |
| Lake Forest At Shadow Wood | Estero | 2005 | 5,052 | \$2,125,000 | \$2,125,000 | 44 |
| Sanctuary At Wulfert | Sanibel | 1994 | 5,368 | \$1,995,000 | \$2,100,000 | 393 |
| Lynns Add | Fort Myers | 1994 | 3,939 | \$2,145,000 | \$1,950,000 | 168 |
| Matlacha Shores | Matlacha | 2001 | 5,050 | \$2,350,000 | \$1,890,000 | 10 |
| Tradewinds | Sanibel | 1997 | 2,566 | \$1,875,000 | \$1,835,000 | 0 |

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